

Form 4 – Learning diary

For GPs seeking accreditation as GPwER in Musculoskeletal Medicine with the Faculty of Sports and Exercise Medicine

The learning diary facilitates ongoing learning with reflection throughout the training period of a candidate. No patient-identifiable data must be included. The diary is split into two main sections:

1. **Case-based discussions/review of notes** – should be used to cover relevant musculoskeletal conditions and capabilities as defined in the curriculum, and the capabilities in practice documents (see the appendices of the GPwER framework).
2. **Reflection of continuous professional development (CPD)**, including independent study, teaching or courses attended (all GPwER groups). This can include both clinical and non-clinical learning.

The information in the learning diary will be used in two ways:

- a) **The diary will be assessed as a whole.** Although there is no minimum number of case-based discussions and CPD events that the candidate needs to adhere to, there must be sufficient evidence to satisfy assessors that the candidate undertakes and reflects on a sufficient number of CPD and quality improvement activities. The criteria that will be used are as follows:
 - Reflection on what you learnt from the exercises
 - Reflection on what changes you have made to your personal practice as a direct result of your learning
 - Identification of further learning needs and a plan to address them
- b) Assessors can also use the information provided in the learning diary to support the assessments of the **theoretical and clinical training of the candidate**.

1. Case-based discussions/review of notes – musculoskeletal conditions

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| Case review or discussion 1 |
| Describe the case that you discussed (including date) |
| Click or tap here to enter text. |
| Why did you choose to discuss these cases and with whom did you discuss them? |
| Click or tap here to enter text. |
| Describe the areas of good practice that you identified |
| Click or tap here to enter text. |
| Describe areas for improvement |
| Click or tap here to enter text. |
| What learning or developmental needs did you identify? |
| Click or tap here to enter text. |
| What changes have you made to your practice as a result of this review or discussion? |
| Click or tap here to enter text. |
| How will you ensure that the changes are maintained? |
| Click or tap here to enter text. |

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| Case review or discussion 2 |
| Describe the case that you discussed (including date) |
| Click or tap here to enter text. |
| Why did you choose to discuss these cases and with whom did you discuss them? |
| Click or tap here to enter text. |
| Describe the areas of good practice that you identified |
| Click or tap here to enter text. |
| Describe areas for improvement |
| Click or tap here to enter text. |
| What learning or developmental needs did you identify? |
| Click or tap here to enter text. |
| What changes have you made to your practice as a result of this review or discussion? |
| Click or tap here to enter text. |

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| How will you ensure that the changes are maintained? |
| Click or tap here to enter text. |

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| Case review or discussion 3 |
| Describe the case that you discussed (including date) |
| Click or tap here to enter text. |
| Why did you choose to discuss these cases and with whom did you discuss them? |
| Click or tap here to enter text. |
| Describe the areas of good practice that you identified |
| Click or tap here to enter text. |
| Describe areas for improvement |
| Click or tap here to enter text. |
| What learning or developmental needs did you identify? |
| Click or tap here to enter text. |
| What changes have you made to your practice as a result of this review or discussion? |
| Click or tap here to enter text. |
| How will you ensure that the changes are maintained? |
| Click or tap here to enter text. |

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| Case review or discussion 4 |
| Describe the case that you discussed (including date) |
| Click or tap here to enter text. |
| Why did you choose to discuss these cases and with whom did you discuss them? |
| Click or tap here to enter text. |
| Describe the areas of good practice that you identified |
| Click or tap here to enter text. |
| Describe areas for improvement |
| Click or tap here to enter text. |

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| What learning or developmental needs did you identify? |
| Click or tap here to enter text. |
| What changes have you made to your practice as a result of this review or discussion? |
| Click or tap here to enter text. |
| How will you ensure that the changes are maintained? |
| Click or tap here to enter text. |

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| Case review or discussion 5 |
| Describe the case that you discussed (including date) |
| Click or tap here to enter text. |
| Why did you choose to discuss these cases and with whom did you discuss them? |
| Click or tap here to enter text. |
| Describe the areas of good practice that you identified |
| Click or tap here to enter text. |
| Describe areas for improvement |
| Click or tap here to enter text. |
| What learning or developmental needs did you identify? |
| Click or tap here to enter text. |
| What changes have you made to your practice as a result of this review or discussion? |
| Click or tap here to enter text. |
| How will you ensure that the changes are maintained? |
| Click or tap here to enter text. |

Provide additional cases reviews here if appropriate.

2. Reflection of CPD, for example, independent study, teaching, courses, or other meetings attended. This can include both clinical and non-clinical learning (all GPwER groups)

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| Date and name of learning tool (eg conference, departmental meeting, journal, internet-based) |
| Click or tap here to enter text. |
| Selected topic |
| Click or tap here to enter text. |
| Reflection on what you learnt |
| Click or tap here to enter text. |
| Reflection on what changes you have made or will make to your personal practice as a direct result of your learning |
| Click or tap here to enter text. |
| What further learning needs did you identify and how will you address these (if applicable)? |
| Click or tap here to enter text. |

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| Date and name of learning tool (eg conference, departmental meeting, journal, internet-based) |
| Click or tap here to enter text. |
| Selected topic |
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| What further learning needs did you identify and how will you address these (if applicable)? Click or tap here to enter text. |

Provide additional cases reviews here if required