



Faculty of Sport
and Exercise
Medicine UK

FSEM

MINIMUM STANDARDS

Guidance related to qualifications and certification
for Doctors working in non-grassroots sport in the
United Kingdom (UK)

The official guidance publication of the Faculty of Sport and Exercise Medicine UK (FSEM). SC052221, related to qualifications and certification for doctors working in non-grassroots sport in the United Kingdom (UK)

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Purpose

This framework is aimed at Doctors, employers, indemnity companies and other key stakeholders involved in the provision of healthcare to athletes competing in non-grassroots sport in the United Kingdom. For the purposes of this document, non-grassroots sport is defined as involving athletes who are semi-professional, professional or part of a performance-related programme competing in national or international level competition, although individual sports organisations may effectively set where the grass roots and non-grass roots boundary is in their sport. This document provides a consensus on the minimum advised standards related to qualifications and certification to support safe practice and good governance in athlete healthcare.

		Level of care provided  Increasing qualification and experience requirements			
Role in Non-Grassroots Sport	Applicable to all levels	Immediate care	Occasional provision of healthcare in a clinic setting +/- immediate care	Primary delivery of healthcare in a clinic setting +/- immediate care	Senior clinical leadership role
Examples of practice	All roles	Non-grassroots sport immediate care e.g. BUCS, pitchside care only	Up to 2 sessions a week of clinic-based delivery e.g. Team Dr role with ad hoc clinic provision	> 2 sessions per week of clinic-based delivery e.g. Contracted Team Physician, Olympic, Paralympic & Commonwealth multi-sport Games roles	Chief Medical Officer or Clinical Governance Lead for a National Governing Body

Profession specific mandatory qualifications and level of training	<ul style="list-style-type: none"> Undergraduate degree in medicine Full GMC registration Written approval from Training Programme Director if on an NHS training programme Evidence of satisfactory annual GMC appraisal with inclusion of SEM specific component to the appraisal 	<ul style="list-style-type: none"> Beyond foundation year 2 of postgraduate training 	<ul style="list-style-type: none"> GP register or speciality register for any medical or surgical specialty, OR SAS Doctors (specialist, associate specialist and specialty doctors), OR <p>Currently on an NHS higher speciality or GP training programme</p>	<i>Non-specialty specific Dr role</i> <p>Currently on the GP register or specialist register for any medical or surgical specialty</p>	<i>Sport & Exercise Medicine (SEM) Consultant role</i> <p>Currently on the Specialist register for Sport & Exercise Medicine</p>	<p>Currently on the Specialist register for Sport & Exercise Medicine, OR Experience in Medical Leadership and working towards a CESR in Sport & Exercise Medicine, OR Already working in a Clinical Leadership role in sport prior to publication of this document.</p>
Sport and Exercise Medicine qualifications	<p>Essential criteria:</p>	<p>n/a</p>	<p>PGDip or higher post-graduate qualification in SEM or DipTeamCare and DipMSK</p>	<p>MFSEM (UK)</p>	<p>Fellowship of Faculty of Sport and Exercise Medicine (UK) (FFSEM (UK))</p>	<p>FFSEM (UK) OR MFSEM (UK) if working within a Senior Clinical Medical Leadership role prior to publication of this document</p>
	<p>Desirable criteria:</p>	<p>PGDip or higher post-graduate qualification in SEM or DipTeamCare</p>	<p>Membership of Faculty of Sport and Exercise Medicine (UK) (MFSEM (UK))</p>			

Immediate care qualification	<p>See FSEM immediate care minimum standards document</p>
Children & Young People (Under 18)	<p>Essential criteria if role includes provision of healthcare to athletes aged under 18:</p> <ul style="list-style-type: none">• Prior experience of provision of healthcare to Children and Young People• Level 3 Children and Young People Safeguarding training• Neurodiversity training
Professional Indemnity	<p>See FSEM Professional indemnity guidance for healthcare professionals working in non-grassroots sport in the UK</p>
Prior experience	<p>No previous experience required for immediate care level</p> <p>Experience in a supervised role providing healthcare to athletes in non-grassroots sport</p> <p>Significant experience in provision of healthcare to athletes in non-grassroots sport</p>
Mandatory training	<p>See FSEM mandatory training guidance document</p>
Guidelines and professional codes	<p>FSEM Professional Code</p> <p>Specific regulatory body of professional standards (e.g., GMC Good Medical Practice)</p> <p>FSEM Equity, Diversity and Inclusion (EDI)</p>

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