**Musculoskeletal Medicine Educational Resources**

**University courses in MSK Medicine & Rheumatology**

# **University of Bradford: Postgraduate Diploma:** Practitioners with Special Interest – Musculoskeletal Medicine with Rheumatology

# (<https://www.bradford.ac.uk/courses/pg/pwsi-musculoskeletal-medicine-with-rheumatology/>)

* + **University of Manchester**: MSc/PGCert Clinical Rheumatology & Musculoskeletal Medicine

([www.manchester.ac.uk/study/masters/courses/list/02120/msc-clinical-rheumatology-and-musculoskeletal-medicine/](http://www.manchester.ac.uk/study/masters/courses/list/02120/msc-clinical-rheumatology-and-musculoskeletal-medicine/))

# **University College London**:

# Musculoskeletal Science MSc / PG Dip / PG Cert

# Orthopedics MSc

# Performing Arts Medicine

# ([www.ucl.ac.uk/surgery/courses/postgraduate/pg-taught/msc-musculoskeletal-science](http://www.ucl.ac.uk/surgery/courses/postgraduate/pg-taught/msc-musculoskeletal-science))

# **University of Central Lancashire**: Musculoskeletal Management - MSc/PGDip/PGCert

# (www.uclan.ac.uk/courses/msc\_musculoskeletal\_management.php)

* + **University of Plymouth**: The Postgraduate Diploma Rheumatology & Musculoskeletal Medicine

(gpcourses.co/postgraduate-courses/postgraduate-diploma-rheumatology-musculoskeletal-medicine/

* + **University of Leeds** – Postgraduate Certificate in Musculoskeletal Medicine (<http://www.leeds.ac.uk>)

**MSC Postgraduate Courses in Sport and Exercise Medicine**

* + University of Bath [MSc Sport and Exercise Medicine](http://www.bath.ac.uk/study/pg/programmes/spor-and-exer-medi/)
  + Cardiff Metropolitan University [MSC/Postgraduate Diploma in Sport and Exercise Medicine](https://www.cardiffmet.ac.uk/schoolofsport/courses/Pages/Sport-and-Exercise-Medicine.aspx)
  + Trinity College Dublin [Msc in Sports and Exercise Medicine](http://www.medicine.tcd.ie/anatomy/postgraduate/)
  + University of Glasgow [Msc Sport and Exercise Science and Medicine](http://www.gla.ac.uk/postgraduate/taught/sportexercisemedicine/)
  + Leeds Beckett University [MSc and PG Dip in Sport and Exercise Medicine](http://courses.leedsbeckett.ac.uk/sport_exercise_medicine)
  + University of Leeds [Sport and Exercise Medicine MSc](https://goo.gl/iBLSmk)
  + University of Central Lancashire (UCLan) [MSc Sports Medicine](https://www.uclan.ac.uk/courses/msc-sports-medicine.php)
  + University College London [MSc and Postgraduate Diploma in Sports Medicine, Exercise and Health](http://www.ucl.ac.uk/prospective-students/graduate/taught/degrees/sports-medicine-exercise-health-msc)
  + Queen Mary University of London [Msc/Postgraduate Diploma in Sport and Exercise Medicine](http://www.qmul.ac.uk/postgraduate/taught/coursefinder/courses/121536.html" \t "_blank)
  + Queen Mary University of London [MSc/Postgraduate Diploma in Sports and Exercise Medicine, 1 year or part-time](http://www.qmul.ac.uk/postgraduate/taught/coursefinder/courses/121427.html)
  + Loughborough University [MSc Musculoskeletal Sport Health and Science](http://www.ncsem-em.org.uk/education/musculoskeletal-sport-science-health/)
  + Manchester Metropolitan University [MSc/PGDip/PGCert Sport and Exercise Medicine](https://www2.mmu.ac.uk/study/postgraduate/taught/2018/17065/)
  + The University of Nottingham [MSc Sports and Exercise Medicine](http://www.nottingham.ac.uk/pgstudy/courses/medicine/medical-sciences/sports-and-exercise-medicine-msc.aspx)
  + The University of South Wales [MSc Sports and Exercise Medicine](http://www.diploma-msc.com/courses-in-sports-and-exercise-medicine?a=BAsem)
  + The University of South Wales [MSc Sports and Exercise Nutrition](https://www.diploma-msc.com/c/courses-in-sport-and-exercise-nutrition?a=BAsem)
  + Newcastle University [Exercise Biomedicine BSc Honours](http://www.ncl.ac.uk/undergraduate/degrees/c600/#courseoverview)
  + Trinity College Dublin [Online Postgraduate Certificate in Clinical Exercise](http://www.medicine.tcd.ie/physiotherapy/postgraduate/online/)

### **MSC postgraduate Diplomas in Exercise**

* University Centre Shrewsbury, <http://www.ucshrewsbury.ac.uk/postgraduate/exercise-medicine>
* Trinity College <http://www.medicine.tcd.ie/physiotherapy/postgraduate/online/>

**Organisations**

* + **Society of Musculoskeletal Medicine (SOMM)** [www.sommcourses.org](http://www.sommcourses.org)

Run a range of courses alongside a modular programme that can lead to an MSc – tends to be predominantly physiotherapists that do this but some doctors as well. The courses include;

* Diploma in MSK medicine with 3 units – foundation course (Cervical & Upper Limb, Lumbar spine and lower limb, thoracic spine/SIJ & revision) – core skills & therapeutics (mobilisations/manual therapy)
* MSc in MSK Practice – accredited by CSP & run with Queen Mary’s University
* Advanced modules
  + Injection therapies
  + Advanced practice (research, appraisal and clinical reasoning)
  + Special tests
  + Professional practice
* Training days (no current information available)
  + **Versus Arthritis**

<https://www.versusarthritis.org/about-arthritis/healthcare-professionals/core-skills-in-musculoskeletal-care/>

Online content supported by one day workshops targeting core skills in MSK for First5 GPs or as a refresher – accredited by the RCGP

* Core Skills in Musculoskeletal Care workshop
* Is it Rheumatoid Arthritis or Fibromyalgia syndrome?
* Extended MSK bitesize
  + **Royal College of General Practitioners**
  + MSK Joint Injection Course
  + E-Learning – numerous online courses and knowledge updates

(<https://elearning.rcgp.org.uk>)

* + **Primary Care Rheumatology & Musculoskeletal Medicine Society**

(<https://pcrmm.org.uk>)

* + **British Association of Sport & Exercise Medicine education platform**

(<https://basem.co.uk/sem-resources/basem-education-portal/>)

* + **Chartered Society of Physiotherapists**

(<https://www.csp.org.uk>)

* + **Health Education England - eLearning for Health platform**

(<https://portal.e-lfh.org.uk/Dashboard>)

* + **British Society for Rheumatology**

(https://www.rheumatology.org.uk/events-learning/courses)

Run a range of day courses including:

* Quality improvement methodology
* Transitional care for children and young people
* Rheumatology for specialist nurses
* Foot & Ankle
* Ultrasound for rheumatology practice
* Core skills in rheumatology
  + **Red Whale**

[www.gp-update.co.uk/course/MSK-Chronic-Pain-Update-Course](http://www.gp-update.co.uk/course/MSK-Chronic-Pain-Update-Course)

* Chronic pain and MSK Update – popular single day course with overview of current best practice and theory (DOI I am a tutor on this course)
* Opioids & Deprescribing – half day course
  + **NB Medical Musculoskeletal Course** – one day update

[www.nbmedical.com/NBMusculoSkeletal](http://www.nbmedical.com/NBMusculoSkeletal)

* + **BMJ Learning** – a range of online courses and content – previously ran Masterclass series including Essential Rheumatology

(learning.bmj.com/learning)

* + **Musculoskeletal Association of Chartered Physiotherapists (MACP)**

<https://www.macpweb.org>

Run courses and support training & education including day/half day courses:

* Pain: Translating Neuroscience into Clinical Practice
* Integrating imaging into musculoskeletal practice
* Spinal Masqueraders and Red Flags
* Demystifying blood tests in MSK
* FCP trainer courses
* **Advanced Practice Physiotherapist Network (APPN)**

https://www.appn.org.uk

Is a membership organisation that have an annual conference and short courses of varying topics.