

## JOB DESCRIPTION

<b>JOB TITLE</b>	Lead Physiotherapist (UK Athletics)
<b>SALARY</b>	£58,687 – £60,484 p.a
<b>GRADE</b>	DH
<b>HOURS</b>	37 Hours a Week
<b>LOCATION</b>	National Performance Institute (NPI) - Loughborough

### ROLE SUMMARY

This is an exciting role working for UK Athletics on the World Class Programmes (WCP) with both Olympic and Paralympic athletes across multiple disciplines including Sprints, Jumps, and Endurance. The role will be based out of the National Performance Institute (NPI) in Loughborough and will support athletes and coaches as part of an experienced multi-disciplinary team including S&C, Biomechanics, and Physiology amongst others.

The successful candidate will work closely with the Head of Therapy and Medicine to oversee and manage therapy across the Olympic, Paralympic, and Pathway Programme, ensuring the therapy service delivers a strategic, and collaborative approach to optimise athlete availability for preparation and world-leading performance.

The successful candidate will provide world leading therapy support to athletes on the WCP at the NPI and to identified remote athletes as required. There will be a requirement to work at domestic and international camps and competitions supporting both Olympic and Paralympic athletes, in the region of 12 weeks / year.

### KEY RESPONSIBILITIES

- Work collaboratively with the Head of Therapy and Medical Services to ensure the development and effective implementation of a therapy strategy that assures health optimisation for all Olympic and Paralympic athletes on the WCP.
- Take a leading role in identifying and developing ways to mitigate health risks aligning to programme goals, aspirational targets and individual athlete plans.
- Establish and maintain excellent working relationships with athletes, coaches and other support staff.
- Proactively review the therapy service provision to provide insight to drive progress and improve support.
- As a key member of the Therapy and Medicine team, work to establish a trusted and skilled network of therapists, with capacity and capability to effectively support a world-class track and field athlete programme.
- Work with the Medical Operations Manager to ensure the effective and efficient operations of the NPI clinic. Including ensuring the therapy rota and equipment are available to underpin athlete health delivery.
- Lead the Therapy team at camps and at major championships as required.
- Provide therapy support for a caseload of WCP Olympic and Paralympic athletes.
- Ensure that health care practitioners operate as an efficient, connected support team, ensuring an interdisciplinary approach across human performance and athlete health to optimise delivery.
- Work closely with the sport's medical team to quality assure practitioners and medical practice across the World Class Programme.

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- Ensure that clinical and health governance standards impact all decisions and ways of working across the performance programme.
- Contribute to all aspects of athlete health planning in preparation for attendance at major competitive events (e.g., World Championships, Olympics, Paralympics).

- Provide leadership and line management to Lead Paralympic Therapist, Pathway Therapy Lead, WCP Therapy Contractors. This will include the strategic alignment of objectives and workstreams and supporting learning and development in collaboration with UKSI.

## ROLE DIMENSIONS

### REPORTS TO DIRECT REPORTS

Head of Therapy and Medical Services  
 Lead Paralympic Therapist, Pathway Therapy Lead, WCP Therapy Contractors

### BUDGET ACCOUNTABILITY

N/A

## KEY RELATIONSHIPS

- WCP Head of Therapy and Medical Services
- WCP Lead Doctor
- Medical operations manager
- Head of Performance Support
- Olympic and Paralympic Head Coaches
- Head of Event Groups and Engagement Leads
- WCP Athletes and coaches
- Athletes and Coaches that are selected for teams and championships.

- NPI operational staff
- WCP Sports Science staff
- UKSI Athlete Health Leads
- UKSI health care practitioner network
- SEM/Physiotherapy Team
- External consultants and service providers.

## PERSON SPECIFICATION

### COMPETENCY AREA

### ESSENTIAL / DESIRABLE ASSESSED BY

COMPETENCY AREA	ESSENTIAL / DESIRABLE	ASSESSED BY
<b>Qualifications</b>		
Degree in Physiotherapy	Essential	Sight of certificate
Membership of the Chartered Society of Physiotherapy (MCSP) and registered with the Health and Care Professions Council (HCPC)	Essential	Sight of certificate
Higher degree specialising in Sports Physiotherapy / Sport and Exercise Medicine / Strength and Conditioning or extensive evidence of post-graduate professional development, reflective practice, and experiential learning in sport	Essential	Sight of certificate

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COMPETENCY AREA	ESSENTIAL / DESIRABLE	ASSESSED BY
Qualification or recognised training in Strength and Conditioning or other complementary discipline.	Desirable	Sight of Certificates
<b>Experience</b>		
Extensive experience as a physiotherapist working in high-performance sport.	Essential	Application/Interview
Experience providing specialist physiotherapy services assessing and managing complex problems, including developing and implementing innovative ideas to enhance service delivery.	Desirable	Application/Interview
Experience of working with Paralympic athletes in high-performance sport.	Desirable	Application/Interview
Proven credibility operating at a senior level and leading a health-related team or service. Leadership/managerial experience should include some of the following areas: <ul style="list-style-type: none"> <li>-Strategic leadership, operational planning, and implementation.</li> <li>- Balancing multiple priorities and dealing with ambiguity.</li> <li>- Developing people and managing skilled/experienced practitioners.</li> <li>- Managing and leading the rehabilitation process of complex cases in high pressure situations (e.g. Olympic or Paralympic Games).</li> </ul>	Essential	Application/Interview
<b>Knowledge and Skills</b>		
Extensive understanding of the performance demands and needs of elite athletes and coaches.	Essential	Interview
High level of manual therapy skills, especially manipulative skills of peripheral and spinal joints.	Essential	Interview
Strong strategic outlook, excellent planning, and organisational skills with the ability to prioritise workstreams across medical teams, lead change and meet deadlines.	Essential	Interview
Excellent problem solving, conflict resolution and decision-making skills with an ability to deal with uncertainty and ambiguity by identifying goals and developing a plan to move forwards.	Essential	Interview
Skilled in building and maintaining productive relationships bringing together views and perspectives of stakeholders to gain a wider picture of the landscape surrounding practices and policies. Excellent interpersonal, communication, influencing and negotiation skills. Ability to evaluate and interpret complex data and insight to communicate meaning that is easily understood by a wide range of audiences. Ability to work irregular and antisocial hours as required including work outside normal hours, at evenings, weekends, and public holidays.	Essential	Interview

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**WE COLLABORATE.**  
WE INNOVATE.  
**WE EXCEL.**



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### COMPETENCY AREA

**ESSENTIAL /  
DESIRABLE**    **ASSESSED BY**

Ability to travel throughout the network and work at domestic and international competitions and training events.		
May be required to work with athletes under 18 (DBS check required)	No	

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All UKSI practitioners are expected to engage with and support training and professional development in anti-doping, i.e., Introduction to Clean Sport, safeguarding and GDPR. Practitioners are also expected to adhere to all UKSI policies and procedures and show commitment to promoting and supporting equality, diversity, and safeguarding within sport.

**END OF JOB DESCRIPTION**