



Faculty of Sport and Exercise Medicine UK

Excellence in Musculoskeletal Medicine, Exercise Medicine and Team Care

WHY YOUR TEAMS NEED A QUALIFIED SPORT & EXERCISE MEDICINE DOCTOR

Having a highly qualified Sport & Exercise Medicine doctor is crucial to the health and safety of your athletes. By making an early accurate diagnosis they can help to reduce the time away from training and competition and can oversee a safe structured return to sport following injury, illness or concussion.

Doctors who have been fully trained in Sport & Exercise Medicine (SEM) are recognised by the General Medical Council (GMC) as specialists in this area of medicine. This specialist training takes an additional 4 years of working full time in the specialty under the supervision of experienced senior SEM doctors. Doctors are assessed on their theoretical knowledge and practical skills throughout the training together with a formal mid-point written and practical examination. This is the highest level of training for a Sport and Exercise Medicine doctor in the UK and is overseen by the Faculty of Sport & Exercise Medicine UK (FSEM UK) and is approved by the General Medical Council.

Doctors who are trained in Sport & Exercise Medicine work in multidisciplinary teams with physiotherapists, S&C coaches, psychologists, nutritionists and others to provide expert integrated care for individual athletes and for your teams.

The postgraduate qualifications for doctors working in sport sit in 3 tiers the highest being Fellowship of FSEM (UK), followed by Membership of FSEM (UK), followed by a University Masters and Diploma qualifications.

- **Fellowship of the Faculty of Sport & Exercise Medicine (UK) - FFSEM(UK)**
Doctors who have been through full 4-year higher specialist training in Sport & Exercise Medicine, or can show equivalence of training through the CESR process, are awarded Fellowship of the Faculty of Sport & Exercise Medicine and are registered with the GMC as specialists in this area of medicine. This indicates training across the full breadth and depth of the specialty training curriculum. ¹
- **Membership of the Faculty of Sport & Exercise Medicine (UK) - MFSEM(UK)**
Doctors who have passed both parts of the Faculty of Sport & Exercise Medicine Membership examination may use the post-nominals MFSEM(UK). This exam is taken by those in specialist training at a mid-point in their training, or by doctors from other specialties or general practice wishing to have their knowledge and clinical skills tested against a national standard.
- **Diploma or Masters in Sport & Exercise Medicine - DipSportsMed or MSc**
Doctors from another specialty or general practice who have undertaken some postgraduate training in Sport & Exercise Medicine may have a Diploma or Masters qualification. The syllabus, the type of training, and method of evaluation differs from one institution to another. Not all courses have a clinical component to their examination.

¹ Honorary Fellowships are granted to doctors who have contributed to the development of and training in Sport & Exercise Medicine and may use the post-nominal FFSEM(UK).