



Faculty of Sport and Exercise Medicine UK

Excellence in Musculoskeletal Medicine, Exercise Medicine and Team Care

The Intercollegiate Faculty of Sport and Exercise Medicine

Ceremony for the Presentation of Diplomas

Thursday 27 September 2018

at the Royal College of Surgeons of Edinburgh

PRESIDENT

Dr Paul D Jackson FFSEM (UK)

FSEM (UK) Council Members

Council Members	Position Held on FSEM Council	Term of Office Commenced	Term of Office End
Dr Paul Jackson	President	2015	2018
Col John Etherington	President-Elect	2017	2018
Dr Justin Hughes	Vice-President	2015	2018
Dr Natasha Jones	Vice-President	2016	2019
Dr Alastair Nicol	Hon. Secretary	2016	2020
Mr James Foster	Hon. Treasurer	2015	2019
Mr Cliff Beirne	Dean, FSEM in Ireland	Appointed 2017	2020
Dr Philippa Bennett	Chair, Clinical Advisory Group	Elected 2015	2019
Dr Dan Brooke	Registrars Representative	Elected 2018	2020
Dr Stephen Chew		Elected 2018	2022
Mr Jonathan Dearing	Royal College of Surgeons, Edinburgh	Appointed 2017	2020
Prof Paul Dimitri	Royal College of Paediatric and Child Health	Appointed 2017	2020
Dr Niall Elliott		Elected 2017	2021
Dr Claire Gordon	Royal College of Physicians, Edinburgh	Appointed 2016	2019
Dr Jon Greiff	Lead Deanery	Appointed 2017	2020
Dr Neil Heron		Elected 2015	2019
Dr Jonathan Houghton	Royal College of Physicians, London SEM Committee	Appointed 2017	2020
Dr Tamim Khanbhai	New Consultants Representative	Elected 2017	2019
Dr Joanne Larkin		Elected 2016	2020
Dr John MacLean	Royal College of Physicians and Surgeons of Glasgow	Appointed 2015	2018
Mrs Scarlett McNally	Royal College of Surgeons, England	Appointed 2018	2022
Mr Lyndon Meehan	Faculty of Dental Surgery, RCS England	Appointed 2015	2018
Prof Richard Montgomery	Hill Square Educational Trust, RCS Edinburgh	Appointed 2016	2018
Dr Dan Morris	Royal College of Ophthalmologists	Appointed 2016	2019
Dr Julia Newton	Chair, Education Committee	Elected 2016	2020
Dr Philip O'Connor	Royal College of Radiologists	Appointed 2017	2020
Dr Dave Pugh	Chair, Appraisal & Revalidation Committee	Elected 2017	2021
Dr Glen Rae		Elected 2018	2022
Dr Julian Redhead	Royal College of Emergency Medicine	Appointed 2017	2020
Mr Simon Roberts		Elected 2015	2019
Dr Mike Rossiter		Elected 2017	2021
Dr Mike Stone	Chair, BASEM	Appointed 2015	2018
Dr Tim Swan	Chair, Examinations Committee	Appointed 2017	2020
Dr Chris Tomlinson		Elected 2017	2021
Dr Patrick Wheeler		Elected 2016	2020
Dr Jean Wong	Royal College of General Practitioners	Appointed 2017	2020

Conferment of Honorary Fellowship

Professor Mark Batt, BSc MB BChir MRCGP DM FRCP FFSEM (UK) FACS

Director – Arthritis Research UK Centre for Sport, Exercise and Osteoarthritis
Consultant / Honorary Professor in Sport and Exercise Medicine
Centre Partner Institutions – Nottingham University Hospitals NUH Trust and University of Nottingham

Presented by

Dr Philip Bell, MBChB DMed (London) FFSEM (UK)

Professor Mark Batt

Professor Mark Batt is a Consultant in Sport and Exercise Medicine at The Centre for Sports Medicine, Nottingham University Hospitals NHS Trust. He has a busy NHS practice and is a past Fellow at the NHS Institute for Innovation & Improvement.

He graduated from Cambridge University Medical School in 1984 and trained in Family Medicine. He obtained a Diploma in Sports Medicine from the University of London in 1991 and completed a fellowship in Sports Medicine at the University of California, Davis (UCD) in 1993. The next two years were spent as a faculty member in Family Medicine at UCD and as a team physician at the University of California, Berkeley.

Since 1995, he has been in Nottingham as a Consultant/Senior Lecturer in Sport and Exercise Medicine at the Nottingham University Hospitals: appointed Special Professor in 2004. He served for two and a half years as clinical director for Trauma and Orthopaedics. He is the NUH-Active programme director - a workplace health and wellness programme based at Nottingham University Hospitals.

He serves or served as a consultant for the England and Wales Cricket Board, the Rugby Football League, British Gymnastics, the English Institute of Sport, The Wimbledon Tennis Championships, ATP and the WTA.

He is Past-President of the Faculty of Sport & Exercise Medicine and past Chairman of the Specialist Advisory Committee in SEM. He chaired the work-group, which produced the successful case for SEM as a specialty of medicine (2005).

His research interests include Overuse injuries, particularly groin, low back, lower leg pain (shin splints and stress fractures), tendon disease, OA and Workplace Wellness.

He is Director of the Arthritis Research UK Centre for Sport, Exercise and Osteoarthritis: a consortium of Nottingham, Oxford, Southampton, Bath, Loughborough, and Leeds Universities investigating the relationship between acute and overuse injury and subsequent Osteoarthritis.

The Faculty and our specialty has benefited greatly from Mark's contribution.

Conferment of Honorary Fellowship

Dr Victor Cassar-Pullicino FFSEM (UK)

Consultant Radiologist – The Robert Jones and Agnes Hunt Orthopaedic Hospital NHS Foundation Trust
Accredited Specialities – Radiology/Nuclear Medicine

Presented by

Mr Donald Macleod, FRCSEd FFAEM (Hon) FISM FFSEM (UK) (Hon)

Dr Victor Cassar-Pullicino

Dr Victor Cassar-Pullicino trained at the Medical School of the University of Malta 1972-1977; he came to the UK because a medico-political dispute prevented completion of his final examinations in June 1977. He went on to obtain the LRCP MRCS as his primary medical qualification. Dr Pullicino has remained in the UK ever since. He did his radiology training in Birmingham.

Dr Pullicino is a full time NHS consultant specialising in musculoskeletal radiology at the Robert Jones and Agnes Hunt Orthopaedic Hospital since 1984. As Clinical Director over the last 23 years, he created a state-of-the-art imaging department in an Orthopaedic Centre of Excellence where all modern diagnostic and interventional procedures support the orthopaedic subspecialties where patient pathways are optimised and the key performance indicators are of the highest order.

He was a founder member and Honorary Secretary of the Intercollegiate Academic Board of Sports and Exercise Medicine representing the Royal College of Radiologists and continued as Honorary Secretary of the Faculty of Sports and Exercise Medicine. As Honorary Secretary for 14 years, he helped create the strategy for Sports and Exercise Medicine in the UK, which included the recognition of Sport and Exercise Medicine as a specialty in its own right in 2005; and formal recognition of the qualification on the GMC specialist register for Sport and Exercise Medicine. He brought the Faculty of Sports and Exercise Medicine UK and British Society of Skeletal Radiologists together to plan ultrasound guidelines, training and competency assessment for sports doctors.

Dr Pullicino was an associate editor covering musculoskeletal radiology in Clinical Radiology, Skeletal Radiology and European Radiology with guest editor roles in Annals of Rheumatology and a regular reviewer of other journals including Spine, JBJS and Seminars of Musculoskeletal Radiology.

He is an educator on the West Midlands Radiology Training Schemes and lecturer on Oswestry courses training two musculoskeletal fellows per year.

Dr Pullicino said that he has presented his major achievements as Consultant Radiologist at the Robert Jones and Agnes Hunt Orthopaedic Hospital since 1984 and he has enjoyed every minute of it. He says that he subscribes to the first rule of Italian driving "... what matters is what's in front of you and not behind you."

The Faculty and our specialty has benefited greatly from Victor's contribution.

Presentation of Fellowship of the Faculty of Sport and Exercise Medicine UK

Fellowship of the Faculty is awarded to Medical practitioners who have satisfactorily completed a recognised training programme in Sport and Exercise Medicine, who have obtained a Certificate of Completion of Training in Sport and Exercise Medicine and who are on the UK Specialist Register in Sport and Exercise Medicine.

We congratulate the following doctors in gaining admittance to the Specialist Register in Sport and Exercise Medicine.

Dr Duncan James Goodall	University of Aberdeen
Dr Farrah Jawad	St Bartholomew and Royal London School of Medicine
Dr Hamish Alexander Bruce Reid	Edinburgh University
Dr Ralph Llewellyn Smith	University of Newcastle
Dr Philippa Turner	University of Cardiff

Presentation of Membership of the Faculty of Sport and Exercise Medicine UK

The Sport and Exercise Medicine Membership Examination assesses the knowledge, skills, competence and professional attitudes required of a doctor who wishes to practice as a Sport and Exercise Medicine practitioner in the United Kingdom. The exam is a synoptic exam that covers all areas of the curriculum in Sport and Exercise Medicine.

We congratulate the following doctors who have successfully completed the Membership Examination and have come to be Members of the Faculty.

Mr Muhammad Adeel Akhtar	Punjab University
Dr Shoaib Amaan	University of Manchester
Dr James Baldock	University of Leicester
Mr Gaurav Surrinder Batra	University of Wales
Dr Daniel Brooke	University of London, St. George's
Dr James Burgess	Peninsula College of Medicine and Dentistry
Dr Danny Mark Glover	University of Sheffield
Dr Faisal Mahmood	University of Punjab Lahore
Dr Peter Stuart Morgan	University of London
Dr Mohammad Farhan Shahid	University of Birmingham

Presentation of the Donald Macleod Medal for 2018

The Donald Macleod Medal is named after the first Chairman of the Intercollegiate Academic Board of Sport and Exercise Medicine (IABSEM) in recognition of his contribution to Sport and Exercise Medicine and his development of the Diploma Exam. The Macleod Medal is presented annually to the candidate who achieves the highest mark in both diets of the Membership examination.

The candidate with the highest mark in 2018 is

Dr James Baldock
University of Leicester

Presentation of the Undergraduate Essay Prize Competition 2018

The Faculty sponsor an undergraduate essay-writing competition open to members of university SEM Societies. The subject for this year's essay was ***there is clear evidence that exercise has a significant role in the prevention and management of many chronic diseases, so why do so few people listen. Discuss how the Faculty might promote further implementation of SEM and ultimately better healthcare outcomes.***

The prize-winner for the 2018 undergraduate essay competition is

Mr George Wilson
Queen Mary University of London

In Absentia

Presentation of Fellowship of the Faculty of Sport and Exercise Medicine UK

Dr Ramesh Jonathan Korgaonkar	Barts and the London School of Medicine and Dentistry, University of London
Dr Wojciech Stefan Kluzek	University of Warsaw
Dr Catherine Maureen Lester	Wits University, South Africa
Dr Alistair Park	University of Sheffield
Dr Philip James Riley	University of Manchester
Dr Ajai Narain Seth	University College London
Dr Christopher Speers	University of Aberdeen
Dr Stephen Thompson	University of Edinburgh
Dr Anthony Peter Waring	University of Birmingham

Presentation of Membership of the Faculty of Sport and Exercise Medicine UK

Mrs Joanne Violet Banks	University of Liverpool
Mr David Ferguson	University of Leicester
Dr Mark Donald Fraser	University of Liverpool
Dr Munraj Singh Gill	Imperial College London
Miss Pratima Premchand Khincha	Karnatak University
Dr Raymond Leung	University of Bristol
Dr Iain Robert Murray	University of Edinburgh
Dr Jill Neale	University of London
Dr James Patrick O'Donovan	National University of Ireland
Dr Stuart Ronan O'Flanagan	University of Limerick
Dr Matthias Michael O'Mahony	National University of Ireland
Associate Prof. Michael John Reid	University of Aberdeen
Dr Andrew Graeme Robertson	University of Aberdeen
Dr Craig James Rosenbloom	University of Manchester
Dr Matthew Adam Stark	University of Southampton
Dr Fiona Hyslop Vernon	University of Glasgow
Dr Edward Abiola Williams	University of Sierra Leone

Development of the Faculty of Sport and Exercise Medicine

The Faculty was officially launched in 2006 and is an intercollegiate faculty of the Royal College of Physicians of London and the Royal College of Surgeons of Edinburgh.

Sport and Exercise Medicine (SEM) has a long history - in the Ancient Greek Olympic Games a Doctor was always one of the officials. Herodicus, one of Hippocrates' Tutors, pioneered therapeutic exercise as a treatment of disease and maintenance of good health in the 5th Century BC. Galen, who looked after the gladiators in the 2nd Century AD, was probably the first Team Doctor.

The need for SEM as a specialty started during the 20th Century, after the Second World War. More doctors were involved in looking after sports teams; attending Olympic Games, working as venue doctors, and assessing whether a participant could continue with the competition. Doctors were also involved in the creation of sports injury clinics both private and NHS.

Most of the work was done originally by volunteer doctors who had a special interest in Sport and Exercise Medicine. The 20th Century also included the development of educational programs in SEM - athletes progressively sought advice from such doctors, not only with regards to treatment of their injuries, but also in terms of training and other aspects of their preparation.

The 1986 Commonwealth Games in the UK was a great stimulus to the development of Sport and Exercise Medicine. Three Scottish Medical Colleges established a Board of Sport Medicine, which defined a syllabus and established a Diploma Exam. This became accepted as a safe standard of practice for doctors providing services to sports. At the same time, the Worshipful Society of Apothecaries developed an exam and a number of Universities established courses and diplomas.

In 1995 the establishment of a Faculty of Sport and Exercise Medicine was proposed by the Institute of Sports Medicine (now The Institute of Sports and Exercise Medicine). This included the education of medical practitioners in SEM and establishing the standards of competence. This led to the establishment of the Intercollegiate Academic Board of Sport & Exercise Medicine (IABSEM) in 1998. Its first task was setting and monitoring the clinical standards and establishing a Diploma level Exam for the UK and Ireland. This is now the FSEM (UK) Membership Exam held each year.

The 21st Century saw the development of Government Policies to improve health and promote sporting excellence. In February 2005 the Department of Health recognised Sport & Exercise Medicine as a specialty, Parliament amended the Specialist Medical Order, creating the new specialty of Sport and Exercise Medicine.

In 2006 the Faculty of Sport & Exercise Medicine (FSEM) UK was launched. The Academy of Medical Royal Colleges agreed that IABSEM could develop into FSEM (UK). The Faculty developed a higher specialty training programme and a curriculum, accepted in 2007 by the GMC/PMETB. Methods of assessment included the Diploma Exam (now the FSEM (UK) Membership Exam). Higher specialty training (HST) is of eight years duration, two years being spent as Foundation Doctors, two years Core Training and four years as Registrars in Sport and Exercise Medicine. Entry to HST is via CMT ACCS or GPVTS training. The first ceremony to award FFSEM (UK) and MFSEM (UK) was held in September 2007.

Today the FSEM (UK) sets the standards in SEM and oversees research, training, curriculum and assessment of all SEM doctors. With over 590 Members and Fellows, not including medical students. The Council of the Faculty consists of the elected officers, elected members, representatives of the parent colleges, as well as lay representatives and new consultant and registrar representatives.

Address to Fellows and Members of the Faculty

By

**Professor Mark Batt
And
Dr Victor Cassar-Pullicino**