

FSEM (UK) Members and Fellows Survey January 2022



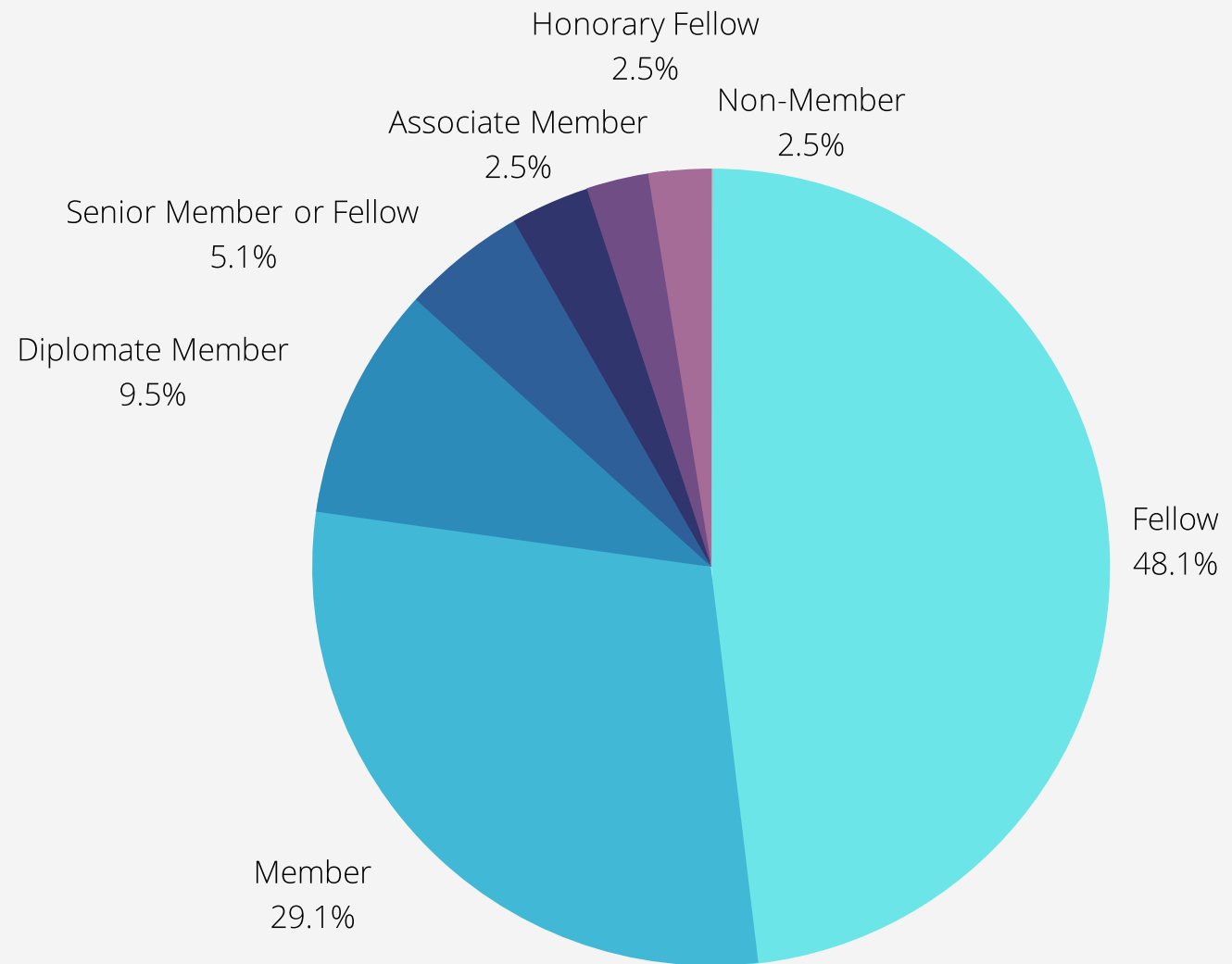
Faculty of Sport
and Exercise
Medicine UK



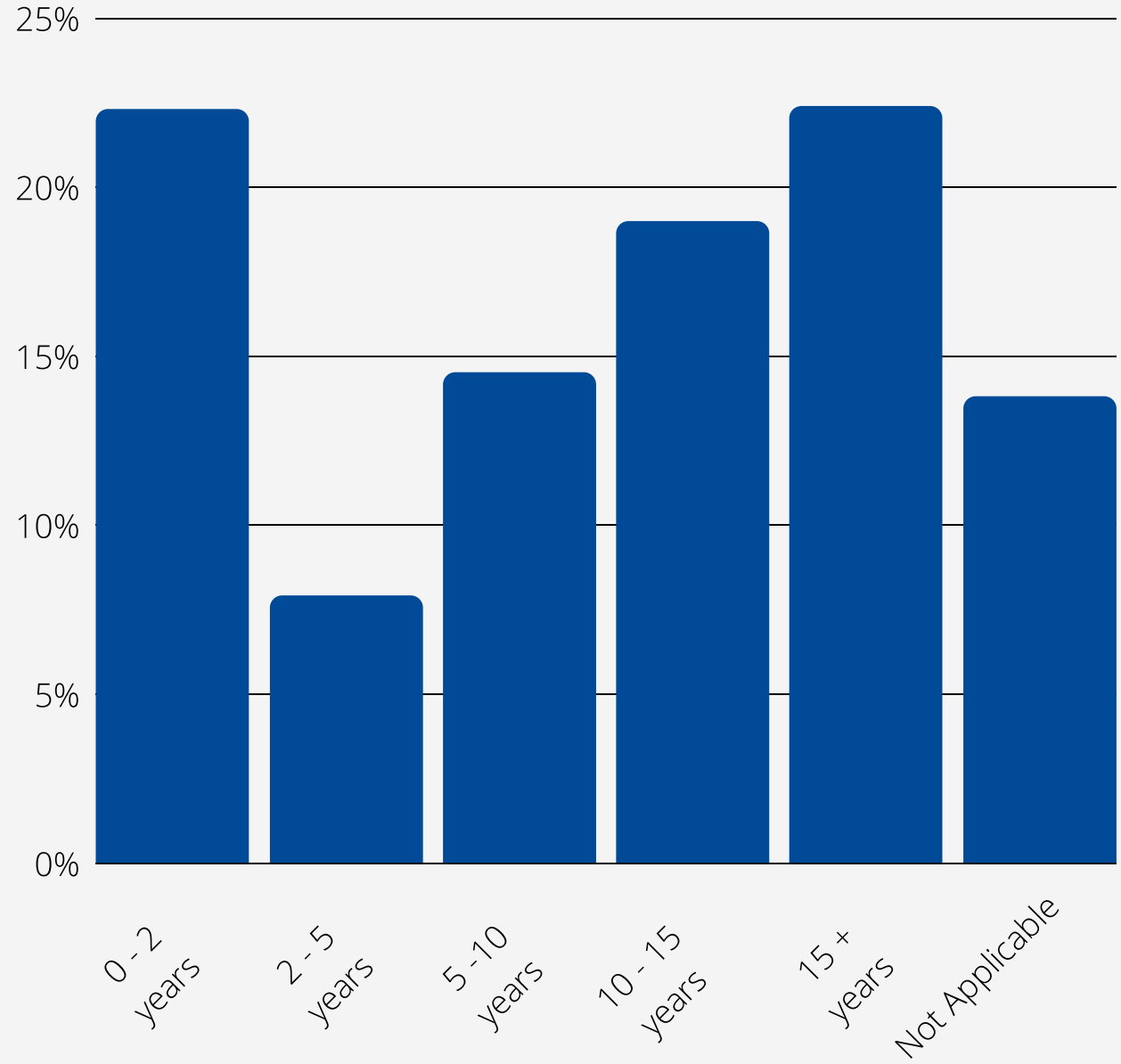
Moving Medicine

160 Responses

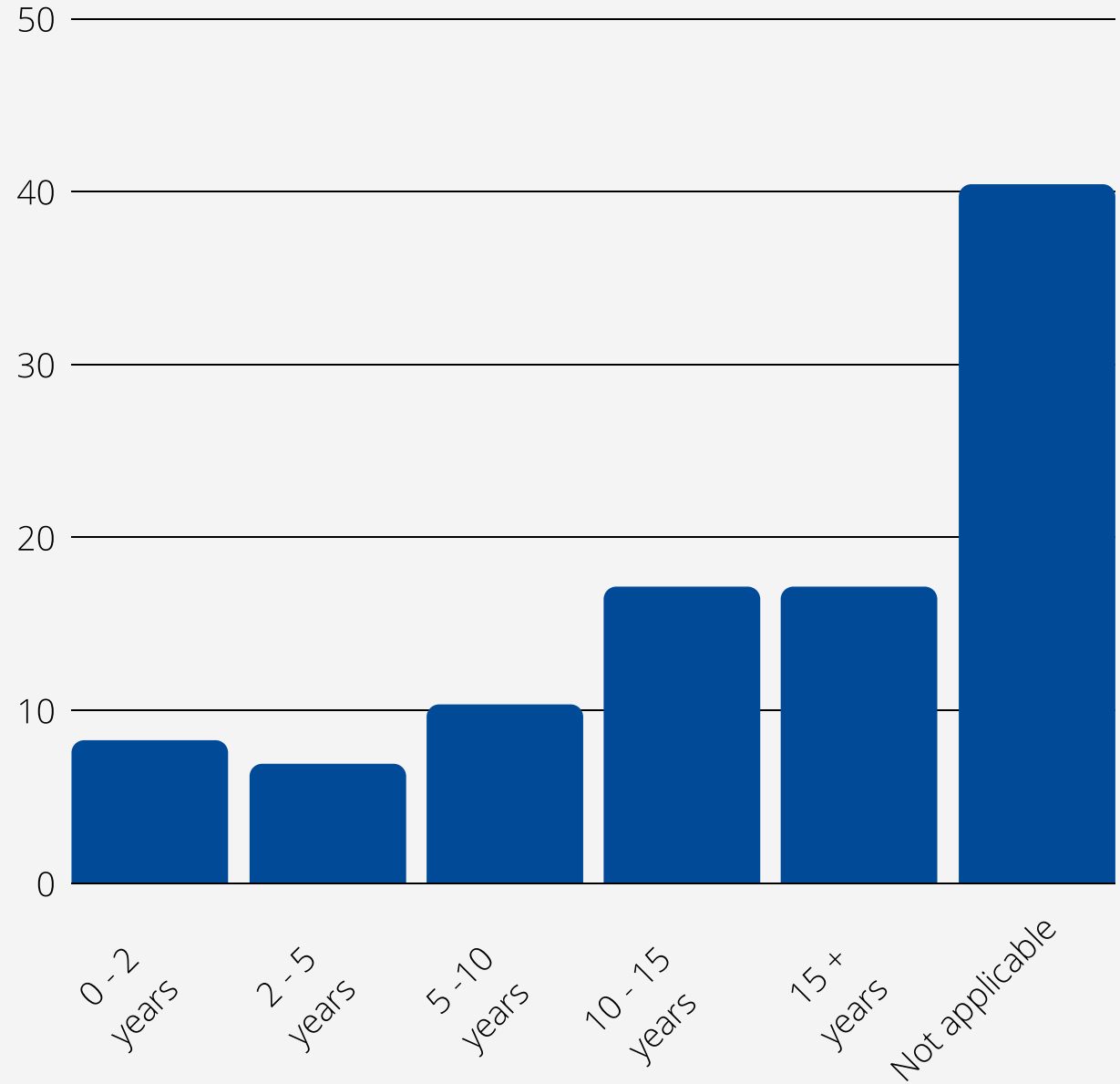
20.3% of FSEM membership



How many years have you been a member?



How long have you been a Fellow?

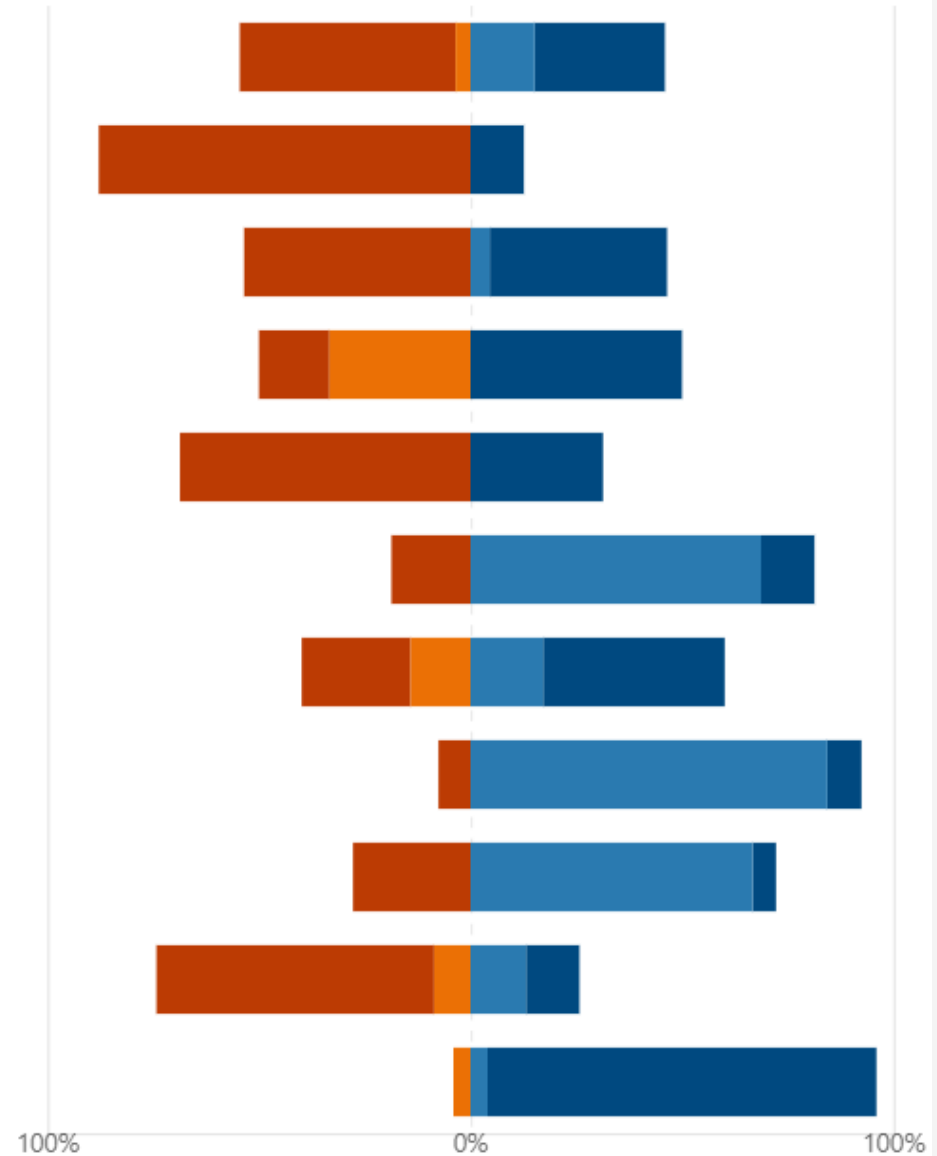


Where do you work?

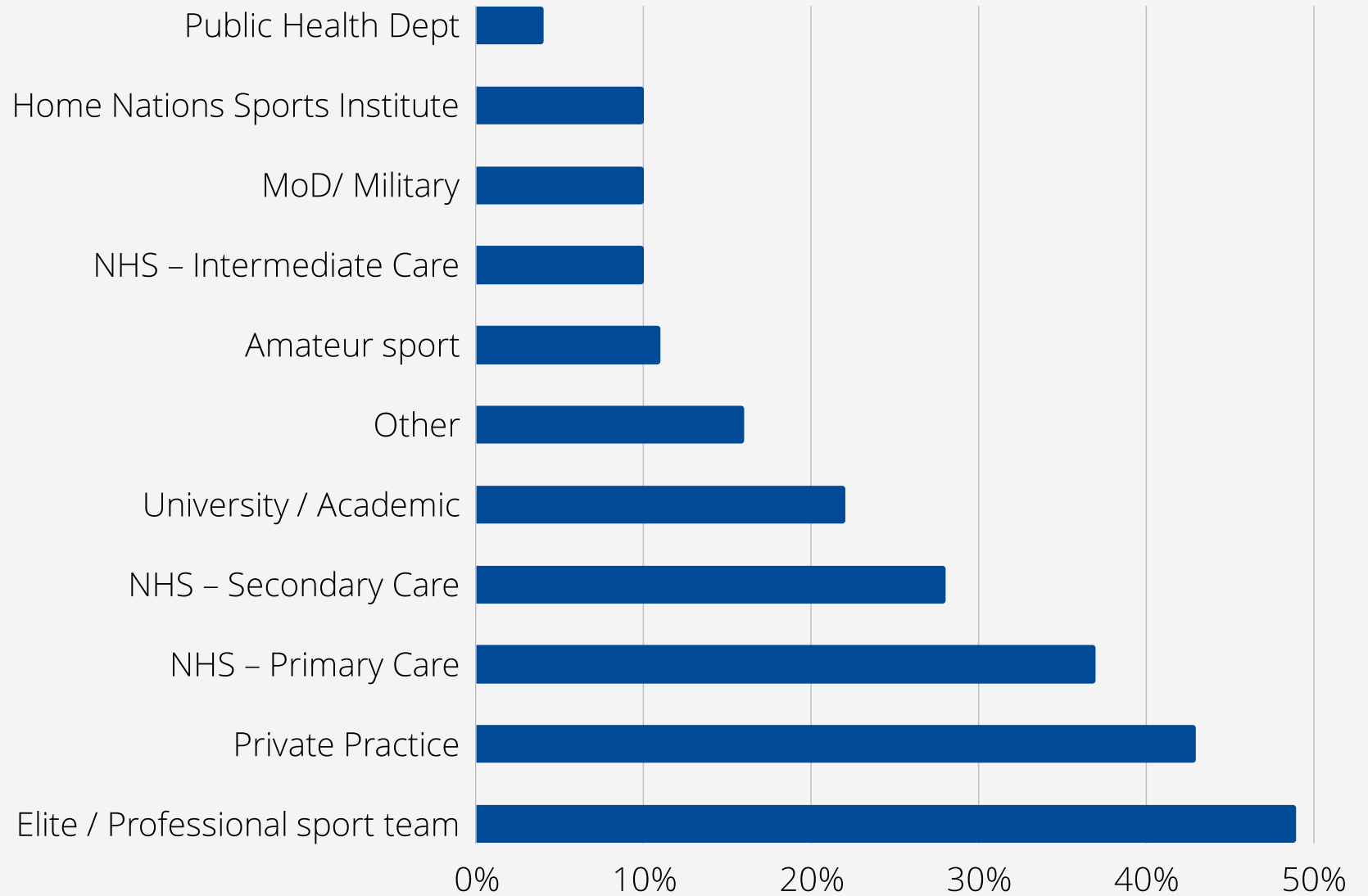


■ Musculoskeletal Medicine
 ■ Exercise Medicine
 ■ Athlete / Sport Team Care
 ■ Other

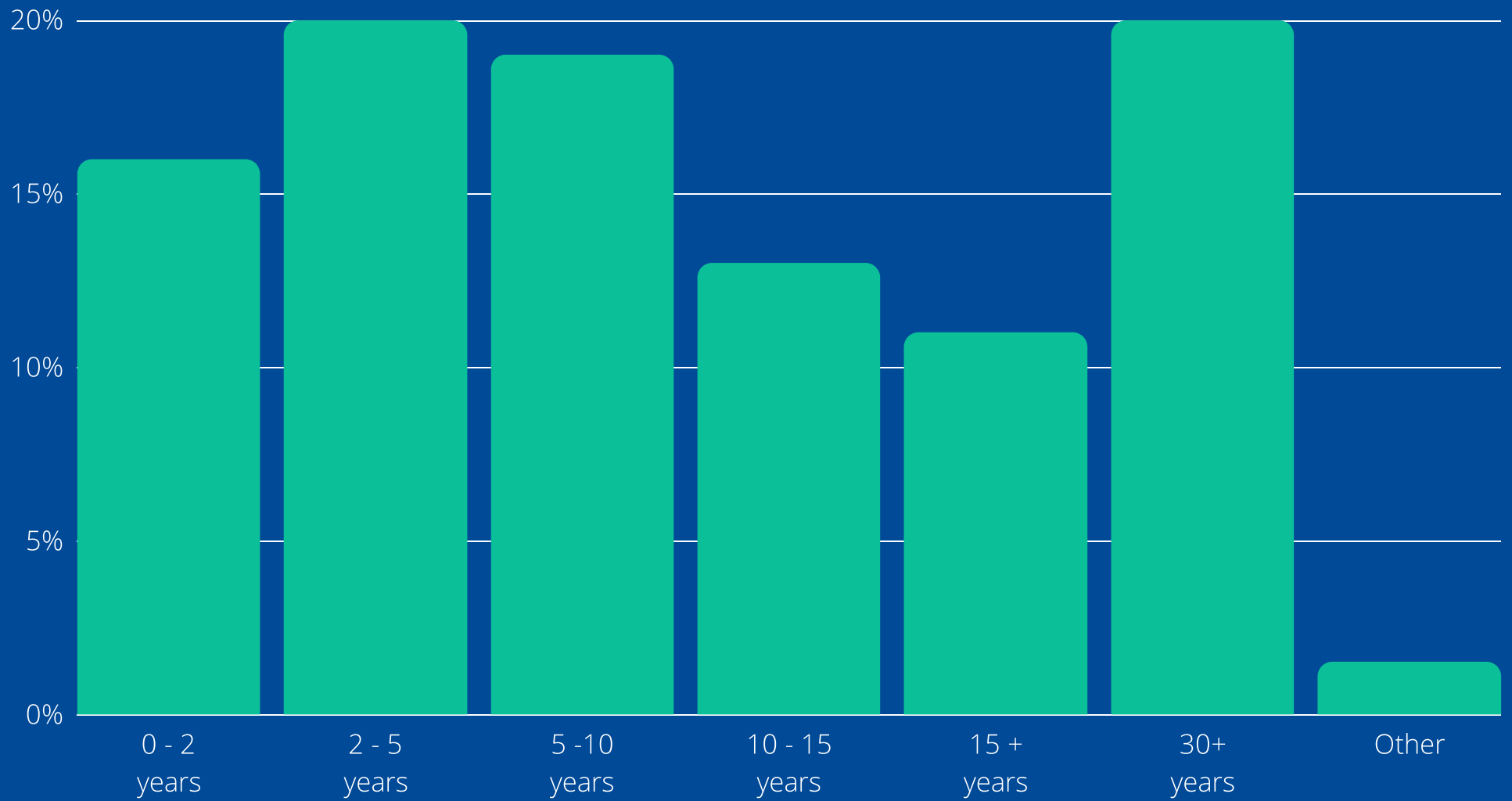
NHS – Primary Care
 NHS – Intermediate Care
 NHS – Secondary Care
 Public Health Dept
 MoD/ Military
 Home Nations Sports Institute (e.g. EIS/ WIS/ SIS / SINI)
 University / Academic
 Elite / Professional sport team
 Amateur sport
 Private Practice
 Other



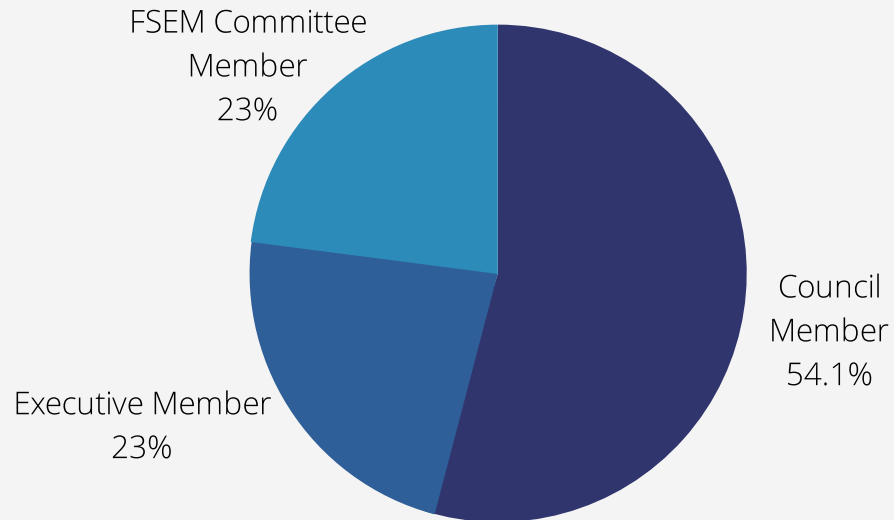
Where do you work?



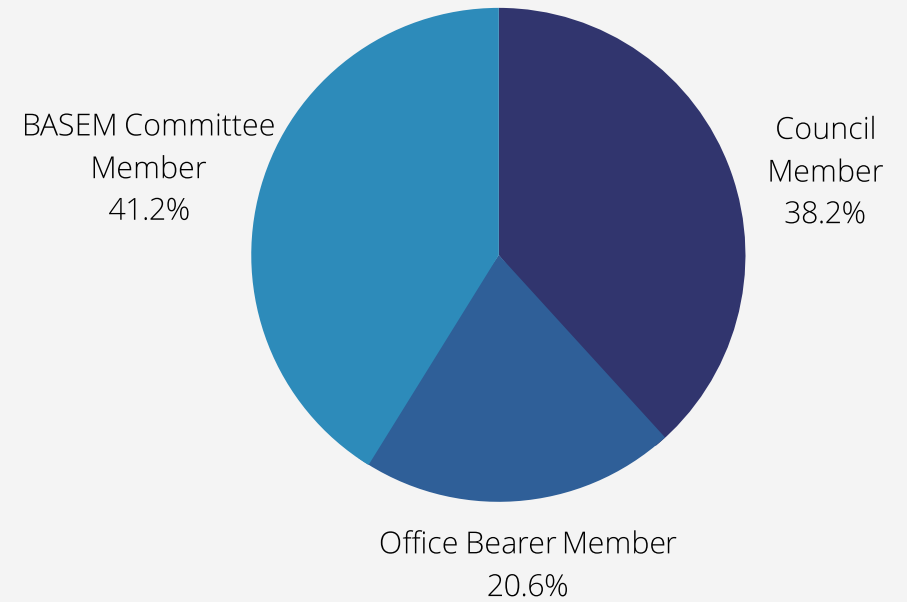
How many years have you worked in Sport, Exercise or Musculoskeletal Medicine?



Have you ever held a role with FSEM?



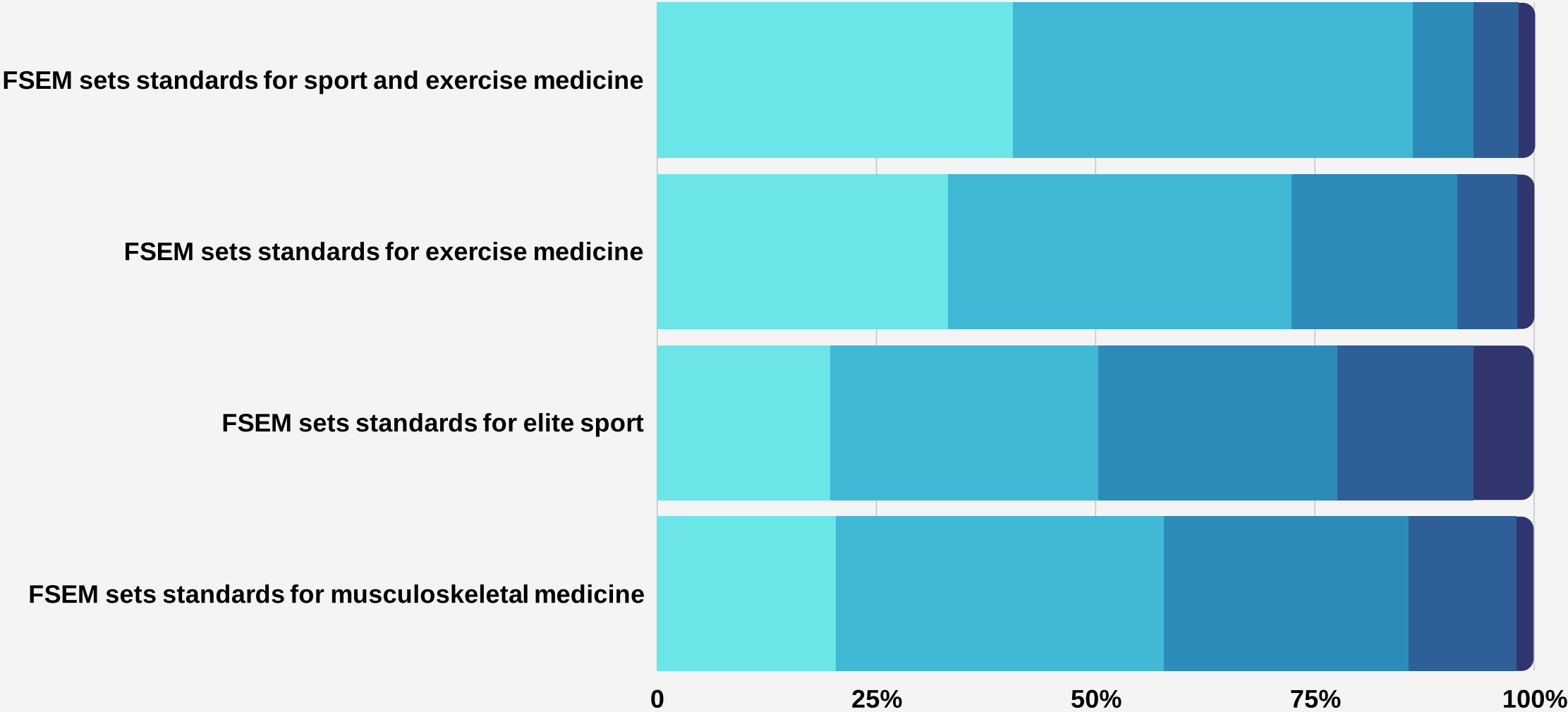
Have you ever held a role with BASEM?



18% of people who have held a role, have held a role at both FSEM and BASEM

To what extent do you agree that:

Strongly Agree - Strongly Disagree



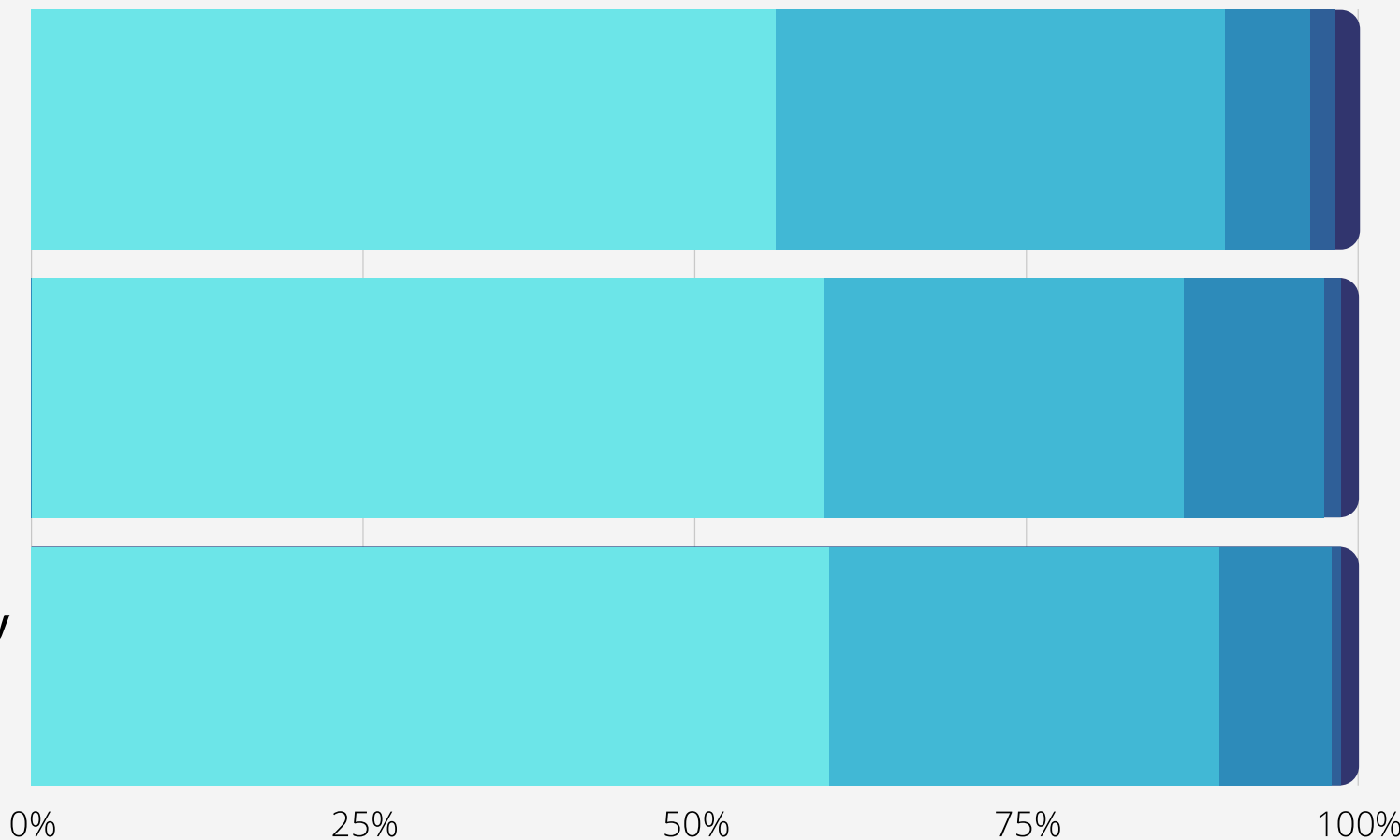
To what extent do you agree with our current strategic aims:

Strongly Agree - Strongly Disagree

Lead the NHS Exercise Medicine Service and support enhanced physical activity in the UK

Enhance NHS Musculoskeletal outcomes by demonstrating the health and economic benefits to society of using appropriately qualified SEM doctor

Support medical care across all sport by providing the highest standards of care and governance



Looking ahead to the next FSEM Strategy, what do you think FSEM should prioritise?

Very Important

- Leadership 61%
- Creating NHS Consultant Posts 59%
- Ethics in Elite Sport 56%

Very Important and Somewhat Important

- Leadership 92%
- Ethics in Elite Sport 90%
- Mentorship 89%
- Ethics in Team Sport 88%



Very Important - Very Unimportant



To what extent do you think FSEM facilitates good governance and robust ethics in elite and team sport?



3.51 Average Rating

What do you value about FSEM currently?

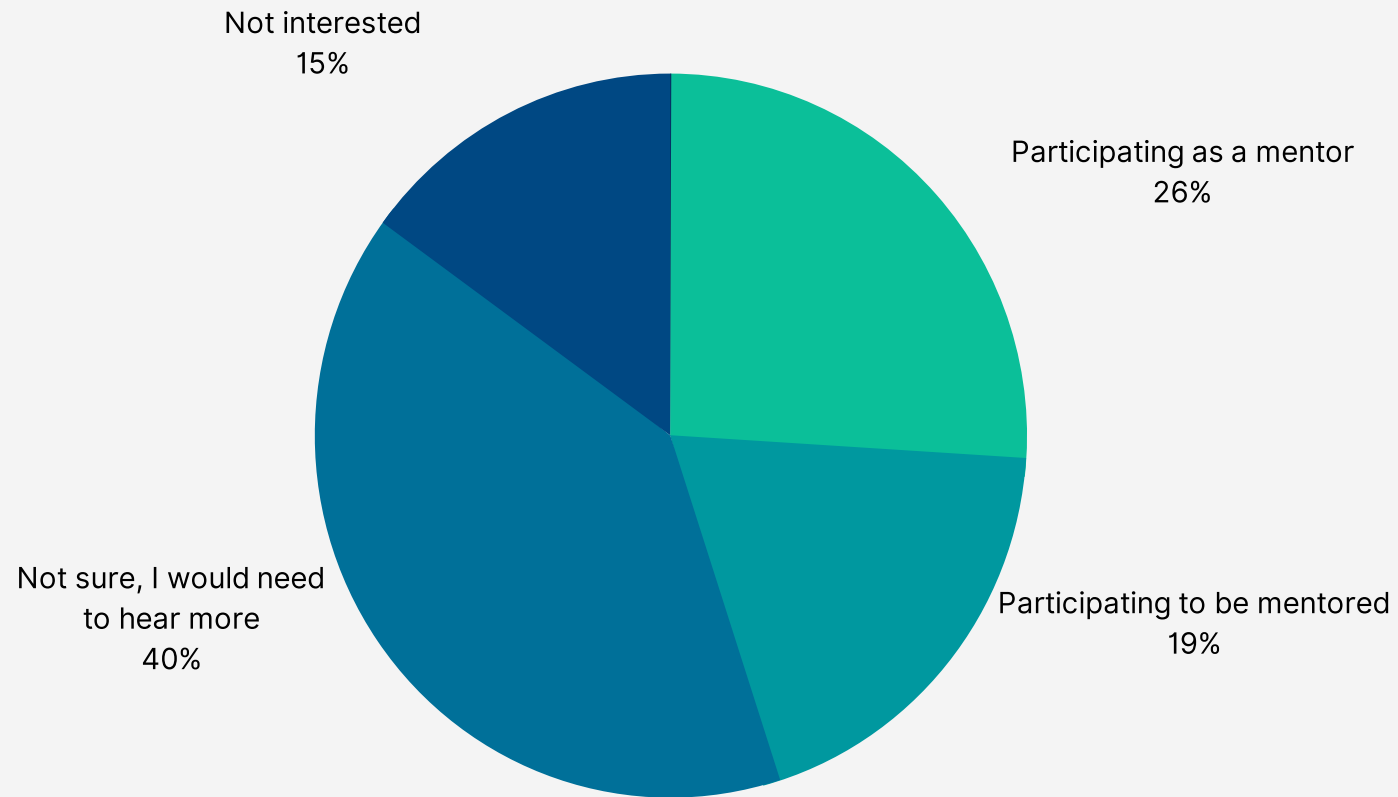
- Standard Setting
- Raising the profile of SEM
- Governance
- Community
- Guidance
- Collegiate status

What could FSEM do better?

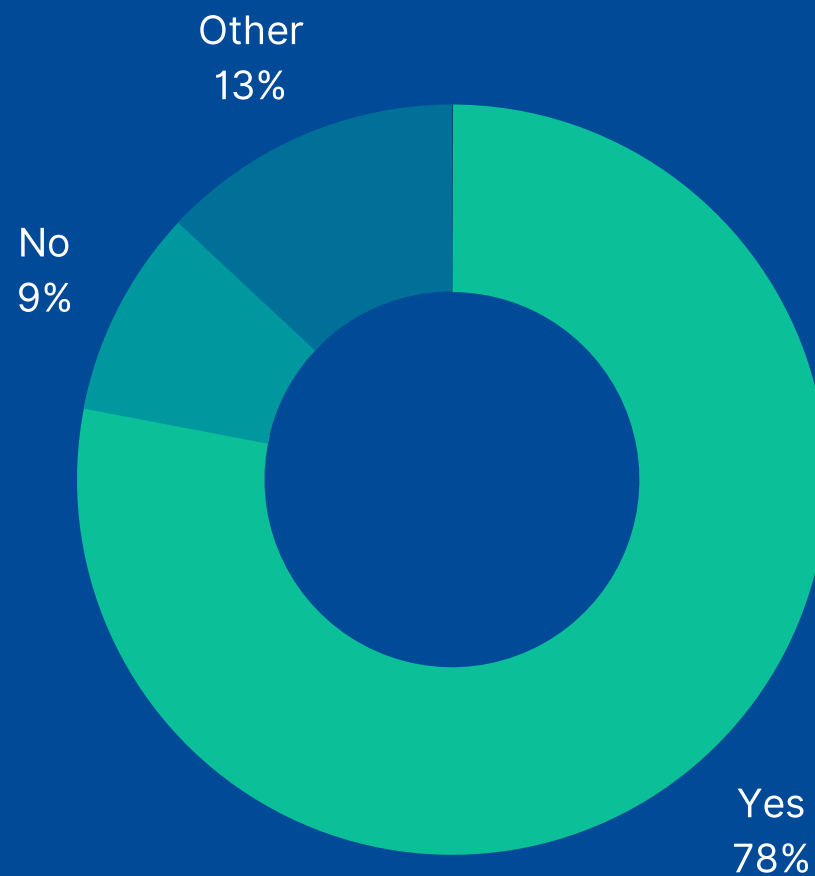
- Improve visibility of the specialty
- Standards and ethics in elite sport
- Develop wider profile to influence and promote SEM
- Merge/Collab with BASEM
- Governance in SEM support for doctors and their rights
- Provide leadership on MSK

FSEM have discussed the development of a multi-disciplinary leadership programme recognising the importance of the multi-disciplinary teams in Sport and Exercise Medicine.

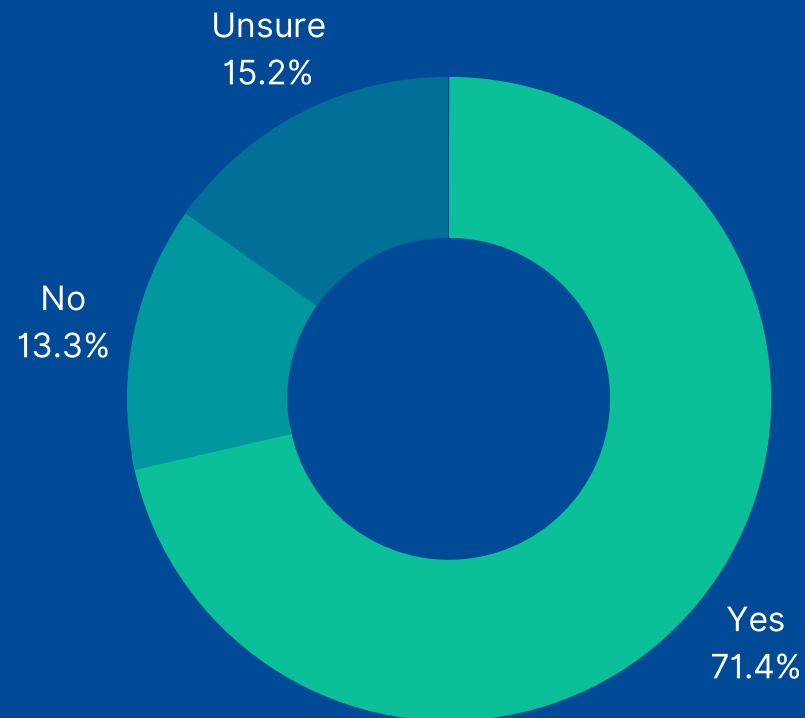
Would you be interested in participating in our programme?



Do you think FSEM should develop Trainee Fellowships (Physical Activity; Governance & Ethics; Elite Sport; Event Medicine)?



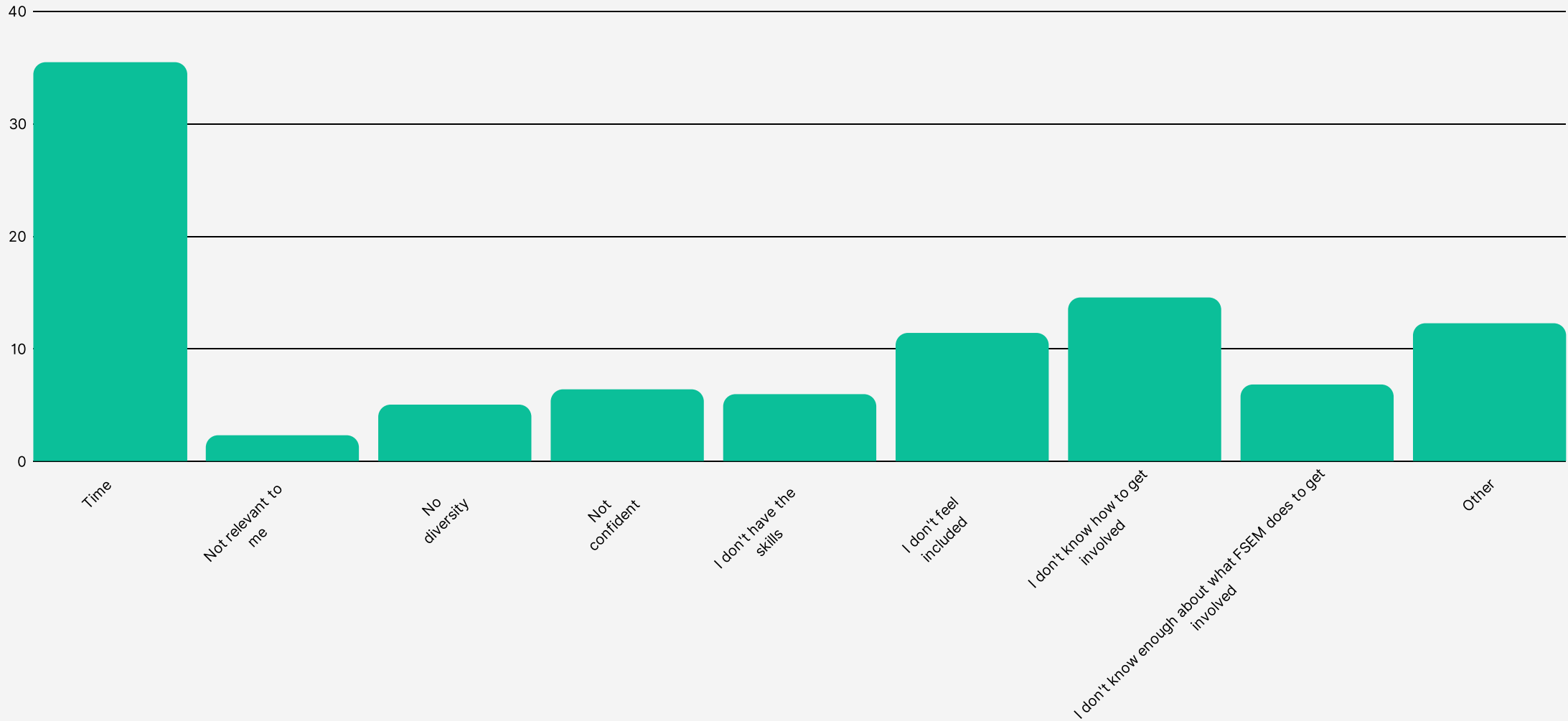
In the future if both FSEM and BASEM have the same aspirations and given approval by the members and fellows of both organisations - do you think FSEM and BASEM should be merged as a multidisciplinary college?



How confident are you that FSEM executive team and council represent your views and priorities?

- Respondents said 3.5 out of 5
- 53% rated between “4-5 out of 5”
- Newer members (0-2 years) said 3.6 out of 5
- Respondents who had worked in SEM for 15+ years said 3.3 out of 5
- Diplomate members said 3.5 out of 5
- Most respondents who scored 1 or 2 out of 5 worked in Elite sport

Do you have any barriers to joining committees or council?



Thank you for taking the time to complete the survey, all your responses have been reviewed and acknowledged.

The survey results and highlighted themes have helped form the new FSEM (UK) Strategy 2022-2025

