



USEMS/FSEM 2021 ESSAY COMPETITION

Answer **only one** of the following in the style of a journal editorial piece:

A- For better or worse, Covid has changed Sports Medicine

B- Words matter: Making the case for "non-surgical management" rather than "conservative treatment"

Eligible applicants:

- ***Undergraduates*** (medical, physiotherapy, allied healthcare professionals)
- or ***recently graduated*** (within 2 years e.g. foundations doctors/equivalence)
- Applicants must be enrolled on a healthcare course at university in either England, Scotland, Wales, Northern Ireland, or the Republic of Ireland on the closing date or have graduated within 2 years of the closing date. E.g. For the 2021 competition graduation date not before 1st Jan 2019.

Award

The successful applicant will benefit from the following:

- £100 prize money
- A free one-day conference ticket (specifics to be clarified after awarded)
- Mentorship from an FSEM recommended individual in good academic standing to support the winner with the aim of publishing this piece of work in a SEM journal as an editorial/opinion piece.

Deadline/Submission

Please email your submission to usemscompetitions@gmail.com by **31st December 2021**

Submission Email

In the body of the email please state the following:

- Full Name
- University
- University course and year of study/date of graduation
- Undergraduate or recent graduate status
- Employer (if graduated)
- Contact details (email and mobile)

(PLEASE DO NOT INCLUDE THE ABOVE INFORMATION IN THE SUBMISSION FILE). Please attach your Essay in a word document/PDF +/- additional JPEG File (see below). and ensure the files do not contain your name, or any other identifiable information.

Guidelines and Requirements:

- Please submit in: times new roman, font size 12, approx. ~800 words (excluding title and references) max word count: 1000.
- The essay should be in the style of a journal editorial piece.
- Pictures and imagery should be submitted within the document and additionally as a separate file ideally in JPG. Please ensure that permission for use has been granted for any figures, tables or images that will be accompanying the article. Tables and pictures should be given separately but quoted in the article with reference as Table 1 or Image 3 etc. Total maximum of 3. Using figures, tables, images is not essential.
- Quotes should be identified within “ ”, please put them in italics.
- References Vancouver and as an ordered bullet point list.
- Keep the title short and succinct to attract the readers (max two lines Size 12 font).
- Sub-headings are recommended.
- File: Word document or PDF, DO NOT INCLUDE ANY IDENTIFIABLE INFORMATION within the submission document, include total word count at the end.
- For specific marking criteria see the mark scheme crib sheet below.
- All markers will not know any of the personal information regarding the author at the time of marking, hence we require submissions easily anonymised. All submissions will be marked by at least two markers.

<u>Marking Criteria</u>	Distinction			Merit			Pass			Poor	Comments and Marks
	High (>90%)	Mid (80-90%)	Low (70-79%)	High (>67-69%)	Mid (64-66%)	Low (60-63%)	High (57-59%)	Mid (54-56%)	Low (50-53%)	>50%	
Title 5 marks	<ul style="list-style-type: none"> • Succinct, unique and attractive • Choice is significant to question posed 			<ul style="list-style-type: none"> • Choice is significant to question posed 			<ul style="list-style-type: none"> • Choice is unclear to question posed but link made 			<ul style="list-style-type: none"> • Choice is NOT significant to question posed 	<u>/5</u>
Discussion and Knowledge (Originality of work, balanced argument, justifiable conclusion) 40 marks	<ul style="list-style-type: none"> • Clear independent insight and critical awareness of relevant concepts • Excellent summary highlighting key facts with no irrelevant details • Evidence of in-depth reading around topic • Convincing argument presently clearly • Balanced arguments acknowledge • Aware of limitations 			<ul style="list-style-type: none"> • Some evidence of independent insight and awareness of relevant concepts • Good summary of facts but with some omissions • No major misconceptions • Convincing argument • Balanced arguments acknowledge 			<ul style="list-style-type: none"> • Some evidence of independent insight • Fair summary of fact but with major omissions • No major misconceptions • Convincing arguments but lacking balance and justification 			<ul style="list-style-type: none"> • No independent insight, lack of justified opinion • major misconceptions 	<u>/40</u>
Organisation (structure) 20 marks	<ul style="list-style-type: none"> • Use of diagrams and/or tables to support ideas discussed in the essay • Good essay structure with a clear use of sub-titles • Essay does not exceed 1000 words • Arguments presented in a logical order 			<ul style="list-style-type: none"> • Essay does not exceed 1000 words • Argument presented in a logical order 			<ul style="list-style-type: none"> • Unclear essay structure • Argument presented in a not always clear manner and sometimes difficult to follow 				<u>/20</u>
Supporting Materials (Referencing) 15 marks	<ul style="list-style-type: none"> • References add value to arguments • References referred to in the body of the essay, and a complete list of references is provided at the end of the essay • No errors in the referencing format 			<ul style="list-style-type: none"> • References add value to arguments but some unusual choices • References referred to in the body of the essay, and a complete list of references is provided at the end of the essay • Minor errors in the referencing format 			<ul style="list-style-type: none"> • List of references provided at the end of the essay, but not referred to in the essay itself • Errors in referencing format 			<ul style="list-style-type: none"> • little or no references 	<u>/15</u>
Writing Style 20 marks	<ul style="list-style-type: none"> • Concise writing style • Strong scientific writing, which is close to a publishable standard • No grammar or spelling mistakes 			<ul style="list-style-type: none"> • Scientific writing close to publication standard with appropriate amendments • A few grammar or spelling mistakes 			<ul style="list-style-type: none"> • Many grammar or spelling mistakes 			<ul style="list-style-type: none"> • Writing is unable to communicate ideas • Many grammatical spelling mistakes. 	<u>/20</u>
General comments:										TOTAL MARKS:	
										<u>/100</u>	