



Faculty of Sport and Exercise Medicine UK

Excellence in Musculoskeletal Medicine, Exercise Medicine and Team Care

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6 August 2021

Diplomate Membership of the Faculty of Sports and Exercise Medicine (UK)

Congratulations on your successful completion of the Diploma Examination in Musculoskeletal Medicine.

We are delighted to invite you to apply to join our newest membership group - Diplomate Membership of the Faculty of Sport and Exercise Medicine (UK).

What is the Faculty of Sports and Exercise Medicine UK (FSEM)?

The FSEM is a not-for profit organisation, established in 2006 which is responsible for setting standards in training, education and clinical practice for all elements of Sport and Exercise Medicine. It is a joint Faculty of the Royal College of Surgeons of Edinburgh and the Royal College of Physicians of London. The Faculty is housed in the Royal College of Surgeons Edinburgh. It has over 500 Members and Fellows and has associates, including exercise professional members.

It is uniquely positioned to influence future health and provision of care both nationally and internationally via its role as a qualification awarding body and through its influence on government, the Academy of Medical Royal Colleges, academic and charitable bodies and national governing bodies in sport. For example, the Faculty has recently represented the profession at Commons Select Committee on Concussion in Sport.

The Faculty intends, in the next few years, to become an independent College and apply for status as a Royal College.

Vision of the Faculty

Improve the Health of the Nation through Physical Activity

Mission

We will achieve this vision by:

Setting the Highest Standards for Exercise Medicine, Musculoskeletal Medicine and all aspects of Sport Medicine

The FSEM (UK) also supports Sport and Exercise Medicine as a cost-effective approach to the prevention and management of illness and injury.

The Faculty's work includes:

FSEM (UK), 6 Hill Square, Edinburgh, EH8 9DR
www.fsem.ac.uk

Patron: HRH The Princess Royal

Faculty of Sport and Exercise Medicine (UK) an intercollegiate faculty of the Royal College of Surgeons of Edinburgh and the Royal College of Physicians London, under the auspices of Hill Square Educational Trust Registered Charity No SC028302.

- Setting and maintaining standards of excellence in SEM
- Overseeing the curriculum for Higher Specialty Training.
- Setting standards in educational and training requirements
- Overseeing the FSEM Membership Exam in Sport and Exercise Medicine
- Setting standards in examination, assessment and appraisal of SEM doctors
- Demonstrating the need for specialists, subspecialists and the application of SEM in the NHS
- Progressing career pathways for professionals by offering guidance and support
- Demonstrating the positive benefits to public health of physical activity in the prevention and management of disease
- Influencing policy and engaging with the governments, organisations and the wider public on behalf of its membership

Why a Diplomate Membership?

In recognising the multidisciplinary nature of working in musculoskeletal, sport and exercise medicine the Faculty is looking to broaden its professional base and become a body that represents and supports the growth and development of the multidisciplinary team. To do that it wishes to open-up the benefits of membership to GPs with an extended role and allied health professionals working in musculoskeletal service settings, including First Contact and Advanced Practitioners.

The new grade of membership will sit alongside the existing grades of membership as follows:

Fellow FFSEM(UK)

For doctors who have completed Higher Specialty Training in Sport and Exercise Medicine including parts 1 and 2 of the FSEM (UK) Membership Exam. An application for Fellowship can be submitted on obtaining a CCT or CESR.

Member MFSEM(UK)

Doctors on passing the FSEM (UK) Membership Examination parts 1 and 2 can apply to become a Member of the Faculty

Exercise Professional Member

Exercise Professional membership is open to Exercise Rehabilitation Instructors from the military who have completed JSSERI training

Associate Member

Associate membership is open to Sport and Exercise Medicine Registrars, medical undergraduates in the UK and Ireland with an interest in SEM, locums and associated specialists. This category has no nominals (FFSEM(UK) or MFSEM(UK) attached to it.

We wish now to introduce Diplomate Membership for those doctors, AHP's, or other healthcare professionals, working in the area of musculoskeletal, sport and exercise medicine who have successfully completed the Faculty Diploma in Musculoskeletal Medicine.

This will include GP's Working in Extended Roles and AHPs working towards advanced practice roles (including first contact practitioner and advanced practitioners in primary care).

Successful applicants - who remain in good standing - will be able to use the post-nominals DFSEM(UK)

What are the benefits?

- Use of post nominals (DFSEM (UK))
- Award of your Diplomate Membership on 23rd September at the Royal College of Physicians in London
- Be part of the drive to become a Royal College – the first multidisciplinary College in the UK to represent all professionals working in musculoskeletal, sport and exercise medicine
- Have a voice for the future development of the specialty. Influence and feedback to the Faculty council through an elected Diplomate member of the council.
- Contribute to Faculty working parties and committees such as the Clinical Advisory Group, Examinations and Education committees.
- Be a contributor to the award winning, and innovative, physical activity initiative -Moving Medicine
- Access to a Diplomate membership area of the FSEM (UK) website
- Access to developing CPD programmes
- Support with professional development including:
 - Support with clinical appraisal
 - Access to mentorship schemes
 - Access to peer support/learning groups
- Access to Acland's Video Atlas of Human Anatomy
- Discounted fees at FSEM, BASEM conferences & courses
- 15% discount at The Royal College of Surgeons's [Ten Hill Place Hotel](#), Edinburgh
- Discounted private event venue hire at RCSEd
- Access to the Library at Royal College of Surgeons Edinburgh, including all journals, with free Wi-Fi in the East Reading Room.

What is the cost of membership?

This is currently set at £150 per annum if you join before 23rd September

We hope you will consider becoming a Diplomate member to help us develop the Faculty with the aim of it becoming a multi-disciplinary Royal College. We would love to see you and your family and friends at the Ceremony – where we hope to be joined by a very important guest – who will award your diploma. Afterwards there is a dinner which is an opportunity to let off some lockdown-induced steam and meet the Members and Fellows of your Faculty.

I look forward to your joining us and to welcoming you to the Faculty



John Etherington CBE FRCP FFSEM(UK)
President