

FSEM UK Report to Council	Date	24/05/21
Submitting committee/Group:	New Consultant Representative	
	New SEM consultant initiative 'Out of the Blocks'	
From:	Ralph Smith	
<p>Background/Introduction:</p> <p>The Out of the Blocks initiative was launched in September 2020. This is a faculty initiative to support new SEM consultants in the first five years of their practice. The summary report below describes the updates and developments within this initiative from March 2021 to June 2021.</p>		
<p>Action Requested</p> <ol style="list-style-type: none"> 1. Ongoing support for this initiative 2. Succession planning for FSEM New Consultant Representative & out of the blocks committee 		
<p>Action Taken:</p>		

**Faculty of Sport and Exercise Medicine (UK)
New Consultant Representative Report
June 2021**

FOR INFORMATION

A New Consultants Initiative 'Out of the Blocks' - Supporting New SEM Consultants

FOR APPROVAL

Summary Report

Following the last council meeting in March 2021, the committee has had two meetings online. These meetings were related to the development 'Out of the Blocks' and the educational webinars. There is a further push to develop the online resource section of the website.

As part of connecting with the faculty and peer to peer support a WhatsApp group has been set up. We currently have 30 fellows signed up to the initiative via email and 29 WhatsApp group members with lots of positive discussion points. There are a total of 63 New consultants/final year trainees eligible.

Website:

The website comprises of six titles: About, Join, Support Network, Education & Resource and Contact us.

<https://www.fsem.ac.uk/careers-training/out-of-the-blocks/>

Webinars

We have had three webinars to date, and one further planned. They aim to deliver specific CPD for New SEM Consultants. The webinars are listed below. The Webinar have been recorded shared to the Out of the Blocks members. The feedback from delegates was very positive. All events have been awarded 1.5 CPD points.

1. New Consultant Pearls on 1st December 2020,
2. Appraisal and Private Practice 2/3/2021
3. Marketing your practice 20/4/2021

Further Education and Resources:

The committee has been working hard planning further education sessions and developing resources. The next educational event is planned for 8th June on Paediatrics SEM. It includes talks on Growth and Puberty Safeguarding in Sport and Paediatric MSK within an NHS setting. We will continue to promote the FSEM mentoring scheme to new consultants.

I understand this will be my final faculty meeting as the new consultant representative. It has been a great honour to undertake this role. I would like to put in place further succession planning to continue to develop this initiative and to support new FSEM consultants. The Out of Blocks committee will also require re-election.

Acknowledgments:

I am very grateful to all those involved in helping this initiative, in particular the committee members (Jim Kerss, Sonia Bains and Alethea Beck), faculty staff and senior supporting FSEM UK consultants who have given up a significant amount of time effort.