

FACULTY OF SPORT AND EXERCISE MEDICINE STRATEGY 2019

VISION

Improve the Health of the Nation through Physical Activity

The Faculty has ambitions to be a Royal College - to better support this vision.

MISSION

We will achieve this vision by:

Setting the Highest Standards for Exercise Medicine, Musculoskeletal Medicine and all aspects of Sport Medicine

OBJECTIVES

- Lead the NHS Exercise Medicine Service and support enhanced physical activity in the UK
- Enhance NHS Musculoskeletal outcomes by demonstrating the health and economic benefits to society of using appropriately qualified SEM doctors,
- Support medical care across all sport by providing the highest standards of care and governance

UNIQUE ASPECTS OF THE FACULTY OF SPORT AND EXERCISE MEDICINE

- Qualification awarding body
- The principle SEM body that can effect change by direct influence on Government and national academic bodies



MAIN EFFORT FOR THE NEXT 3 YEARS

The Faculty will have three work strands:

TRAINING, EDUCATION AND QUALIFICATIONS

- Develop SEM Training for specialists, generalists and non-medics
- Develop a high quality education programme for specialists
- Develop the examination programme and make it more inclusive of other professionals

CONSOLIDATION AND GROWTH OF THE FACULTY

- Enlarge the membership and broaden the professional base
- Develop and maintain key relationships
- Enhance the value of the Faculty for Members and Fellows

SETTING STANDARDS

- Moving Medicine to become the leading resource for physical activity
- Set standards and best practice guidance for everyone involved in SEM
- Mandate and collect good quality MSK data to support SEM doctors in NHS pathways

FACULTY 12-MONTH PRIORITIES

Moving Medicine	<ul style="list-style-type: none">•Develop and disseminate resources•Secure IPR•Make online courses available•Develop Active Hospital Programme
Expansion of Membership	<ul style="list-style-type: none">•PCRS•Exercise professionals•Other groups
Develop Examinations	<ul style="list-style-type: none">•Written Membership examinations overseas•Development of new exams
Enhance the Educational Programme	<ul style="list-style-type: none">•Consolidate the Spring Conference•Develop online educational modules
SEM Commissioning Guidance	<ul style="list-style-type: none">•Produce and disseminate written guidance on MSK services
Review of the Faculty Committee Structure	<ul style="list-style-type: none">•Committees to set and report on their own KPIs

ACTION MATRIX

TRAINING, EDUCATION & ASSESSMENT	Aims	Actions	Mechanism	Lead	Timings	Red	Orange	Green
Develop Training	Increase specialist training numbers	Argue case for SEM specialists	Produce document 'Case for SEM'	PR/Comms FSEM	Sept 2019			
		England	Collaboration with HEE	PFSEM	Sept 2019			
	Re-instate in:	Scotland	Meet NHS Education for Scotland	PFSEM	Dec 2019			
		Northern Ireland	Meet NI Medical and Dental Training Agency	PFSEM	Dec 2019			
		Wales	Meet Health Education and Improvement Wales	PFSEM	Dec 2019			
			Discuss education strategy with Lead Dean/CoPMed	PFSEM	Sept 2019			
	Curriculum		Re-write	Chair SAC	2020			
	Consider Dual Accreditation	GIM	Liaise with PRCP/Relevant SAC's/ Specialist societies	PFSEM	2020			
		Rehab		PFSEM / AF Rep	2020			
		Emergency Medicine		EM Rep	2020			

TRAINING, EDUCATION & ASSESSMENT	Aims	Actions	Mechanism	Lead	Timings	Delayed
						On-track
						Achieved
Develop Educational Offer for SEM Specialists	Enhance scientific content of education programme	Support Specialist trainee development	Develop a spring FSEM scientific conference	Education lead	May 19	
	Improve collaboration with BASEM on education	Joint BASEM/FSEM Education committee	Autumn conference	Education lead	June 19	
		Scope	Pre-examination courses with BASEM	Education lead	June19	
	Discounted Educational Online Modules	Access to other organisations' content	Discuss with RCP Collaboration with universities Collaboration with ACSEP Discuss with ACSM	PFSEM	Sep 19	
Develop Examinations	Develop Membership examination	Consolidation of question bank	Regular exam meetings	Examination lead	Dec 19	
	International examinations	Develop	Kuala Lumpur	Examination lead	Sep 19	
	Examinations for other professionals	Consider	Exercise Professionals	Dep Exam Lead	Dec19	
			PCRS	Dep Exam Lead	Dec 19	
Public Education	Undergraduate 'essay' Prize –	Consider Social Media approach	General public information School First Aid / Concussion App	PR Comms	July 19	

SETTING PROFESSIONAL STANDARDS	Aims	Actions	Mechanism	Lead	Timings	Delayed
						On-track
						Achieved
Physical Activity in Illness and Injury	Moving Medicine to be the leading resource in UK for physical activity in illness and injury	Develop new resources, disseminate existing resources, publish active hospital toolkit	Working group and central admin team through agreed project plans	MM Lead	Sept 2020	
		Propagation of Moving Medicine brand	Dissemination through conferences, publications, social media and other media Engagement with national leaders	MM Dissemination lead/ FSEM lead /Central team	Dec 19	
		Active Hospital Programme	Faculty to bid for Central Team role	MM Lead		
		International development	Meet at international conferences	MM int. dev. lead	May 2020	
		Sell online courses	Dissemination and marketing	FSEM and MM marketing teams	May 2019	
		IPR and joint venture agreement	Discussions with RCS/AHC	Treasurer MM lead	June 2019	
		Publish and disseminated HEE return to work resource	Working group. Develop relationship with HEE	HEE lead	June 19	
		NICE Guidance	Input into physical activity guidance	FSEM Representation on guidance		

SETTING PROFESSIONAL STANDARDS	Aims	Actions	Mechanism	Lead	Timings	Delayed	
						On-track	
						Achieved	
Best Practice Guidelines		MSK Medicine	Consider adopting Defence DDR guidance	AF Rep	Sep 2019		
		Elite SEM	Develop Elite SEM committee	Elite SEM Committee	Sept 2019		
		MSK US guidelines	Collaboration with RCR	Vice-PFSEM (MR)	June 2019		
		Perioperative Ex Med					
	Commissioning Guidance	NHS MSK Medicine	Publish Guidance	Vice-PFSEM (MT)	Dec19		
	Develop Position Statements	Transgender/DSD Issues Document	Clinical Advisory Group Endocrinology expertise	Lead Position Statement WG	Dec 19		

CONSOLIDATION AND GROWTH OF THE FACULTY	Aims	Actions	Mechanism	Lead	Timings	Delayed
						On-track
						Achieved
Development into a Royal College - Securing future of Specialty	Growth of Membership	Incorporate:	PCRS	AN/ Treasurer	Dec19	
			ERI's and then all exercise professionals	AF Rep	May 19	
		Consider Merger	Initial discussions with BASEM about potential merger.	PFSEM	2020	
			Combination of Education and Research			
		Closer working with other professional groups	Joint meeting with PBASEM and BASES	PFSEM	2020	
			Approach Nutritionists	PFSEM	2020	
		Physios in Sport	PFSEM	2020		
		Approach Sports Psychology	PFSEM	2020		

CONSOLIDATION AND GROWTH OF THE FACULTY	Aims	Actions	Mechanism	Lead	Timings	Delayed
						On-track
						Achieved
	Develop Membership benefits	Consider	Gym deals	Head Faculty	Dec 19	
			Joint BASEM/FSEM deal	Head Faculty	Dec 19	