



Faculty of Sport and Exercise Medicine UK

Excellence in Musculoskeletal Medicine, Exercise Medicine and Team Care

The Intercollegiate Faculty of Sport and Exercise Medicine

Ceremony for the Presentation of Diplomas

Thursday 28 September 2017

at the Royal College of Physicians, London

PRESIDENT

Dr Paul D Jackson FFSEM (UK)

FSEM (UK) Council Members

Council Members	Position Held on FSEM Council	Term of Office Commenced	Term of Office End
Dr Paul Jackson	President	2015	2018
Dr Justin Hughes	Vice-President	2015	2018
Dr Natasha Jones	Vice-President	2016	2019
Dr Alastair Nicol	Hon. Secretary	2016	2020
Mr James Foster	Hon. Treasurer	2014	2018
Mr Cliff Beirne	Dean, FSEM in Ireland	Appointed 2017	2020
Dr Philippa Bennett	Chair, Clinical Advisory Group	Elected 2015	2019
Mr Jonathan Dearing	Royal College of Surgeons, Edinburgh	Appointed 2017	2020
Prof Paul Dimitri	Royal College of Paediatric and Child Health	Appointed 2017	2020
Dr Michael England	Faculty of Occupational Medicine	Appointed 2017	2020
Dr Niall Elliott		Elected 2017	2021
Col. John Etherington	Defence Medical Services of the Armed Forces	Appointed 2016	2019
Dr Claire Gordon	Royal College of Physicians, Edinburgh	Appointed 2016	2019
Dr Jon Greiff	Lead Deanery	Appointed 2017	2020
Dr Neil Heron		Elected 2015	2019
Dr Jonathan Houghton	Royal College of Physicians, London SEM Committee	Appointed 2017	2020
Dr Nigel Jones		Elected 2014	2018
Dr Tamim Khanbhai	New Consultants Representative	Elected 2017	2019
Dr Joanne Larkin		Elected 2016	2020
Dr Michael Loosemore	Chair, Specialty Advisory Committee	Appointed 2016	2019
Dr John MacLean	Royal College of Physicians and Surgeons of Glasgow	Appointed 2015	2018
Mr Lyndon Meehan	Faculty of Dental Surgery, RCS England	Appointed 2015	2018
Prof Richard Montgomery	Hill Square Educational Trust, RCS Edinburgh	Appointed 2016	2019
Dr Dan Morris	The Royal College of Ophthalmologists	Appointed 2016	2019
Dr Julia Newton	Chair, Education Committee	Elected 2016	2020
Dr Philip O'Connor	Royal College of Radiologists	Appointed 2017	2020
Dr Dave Pugh	Chair, Appraisal & Revalidation Committee	Elected 2017	2021
Dr Julian Redhead	Royal College of Emergency Medicine	Appointed 2017	2020
Dr Hamish Reid	Registrars Representative	Elected 2017	2020
Mr Simon Roberts		Elected 2015	2019
Dr Mike Rossiter		Elected 2017	2021
Dr Mike Stone	Chair, BASEM	Appointed 2015	2018
Dr Tim Swan	Chair, Examinations Committee	Appointed 2017	2020
Dr Chris Tomlinson		Elected 2017	2021
Dr Justin Varney	Public Health England	Appointed 2015	2018
Dr Thamindu Wedatilake	Chair, Ultrasound Committee	Elected 2014	2018
Dr Patrick Wheeler		Elected 2016	2020
Dr Jean Wong	Royal College of General Practitioners	Appointed 2017	2020

**Conferment of Honorary Fellowship
Dr John Jenner, MD, FRCP, FFSEM (UK)**

Presented by

Dr Roderick Jaques, FFSEM (UK), Dip Sports Med, FISM, DRCOG, MRCGP,

Dr John Jenner

Dr John (Jumbo) Jenner MD FRCP FFSEM (UK) was born in Hampshire, brought up in Bath, educated at Clifton College, and went to medical school at St Thomas's Hospital. Jumbo has had a distinguished career in sport and exercise medicine and he has contributed significantly to the development of the speciality, by standard setting through examination, his role on Council, clinical service development and research. During his career, he has contributed to 8 books and over 30 research papers.

Jumbo was appointed as a consultant in Rheumatology and Rehabilitation medicine at Addenbrooke's in Cambridge in 1979. He became lead clinician of the 40 bedded rehabilitation unit and established a multidisciplinary team of physiotherapists, occupational therapists, speech therapists, psychologists and nurses working in harmony. He was awarded a Medelec research fellowship and completed an MD thesis in 1981.

In 1984, with the creation of Rehabilitation Medicine as a separate speciality, Jumbo set up a programme in the Eastern region for the specialty. He became involved in research work for strokes, supported by the MRC and the Stroke Association.

Jumbo took over the directorship of the Addenbrooke's Sports Injury Clinic in 1987, which had received funding to study the incidence and management of sports injuries. The Peter Wilson Sports Injuries clinic (named after the Daily Mirror sports journalist) received funds from, amongst others, the London Marathon, the Daily Mirror and the Muscular Dystrophy Society. Jumbo also led the successful establishment of a human performance laboratory at Addenbrooke's, which opened in 2000, requiring external funds and a grant from the National Sports Medicine Institute based at St Bartholomew's hospital (1992-1997).

From 2002-2006 Jumbo represented the Worshipful Society of Apothecaries on the IABSEM Board (the forerunner to the FSEM UK). When the FSEM (UK) launched in 2006 he remained as a Council member helping to set up the Faculty. From 2010-2015 he was chair of the FSEM (UK) Examination Committee and set about a major reorganisation of the Diploma in SEM with the aim of fulfilling the current requirements of the GMC for a postgraduate exam, a very considerable and exacting task on behalf of the Faculty. In no small part, this led in 2016, to the Diploma being re-badged as the FSEM (UK) Membership Examination. During this time Jumbo was also Chairman and Programme Director of the Eastern Deanery regional training committee.

Jumbo has served on the IABSEM Board and FSEM (UK) Council for 13 years and remains as an adviser and question writer for the Exams Committee.

The Faculty, and our speciality, has benefitted greatly from Jumbo's contribution.

Conferment of Honorary Fellowship
Professor W. Angus Wallace, MB ChB FRCS(Ed&Eng) FRCSEd(Orth) FFSEM (UK)
FHKCOS(Hon) FMOT(Hon)

Presented by

Professor Mark Batt, BSc MB BChir MRCGP DM FRCP FFSEM (UK) FACS

Professor W. Angus Wallace

Professor William Angus Wallace MB ChB FRCS(Ed&Eng) FRCSEd(Orth) FFSEM(UK) FHKCOS(Hon) FMOT(Hon), a leading figure in British orthopaedic surgery, academic research and sport medicine, grew up near Dundee Scotland, attended medical school at the University of St Andrews. For 35 years Angus pioneered cutting edge research in orthopaedic inventions as Professor of Orthopaedic and Accident Surgery at the Faculty of Medicine & Health Sciences of the University of Nottingham.

Angus, an expert shoulder and elbow surgeon, has published over 300 research papers and trained over 30 expert shoulder surgeons. Angus came to widespread public notice for life-saving surgery he performed using improvised equipment on a British Airways flight in 1995, and for treating Wayne Rooney before the 2006 FIFA World Cup.

Professor Wallace was one of the first recipients of the Weigelt-Wallace Award that acknowledges exceptional examples of patient care. Margaret Thatcher, who presented the award, praised his "courage, capacity for split-second decision-making and his can-do approach". Professor Wallace donated his £33,000 prize towards medical research at The University of Nottingham.

Angus treated the victims of the 1989 Kegworth air disaster and conducted further investigations into injuries sustained in the crash. Following half-a-decade of research, he concluded that passengers who failed to adopt the brace position correctly sustained more injuries. His research team's suggestion of a different brace position was adopted by all UK airlines by 1999.

By 1995, Angus had achieved the respect of the medical community for his work in orthopaedics and received the Master's Letter of Commendation from the Guild of Air Pilots and Air Navigators, the Great Scot - Science and Medicine Award and the People of the Year Award – RADAR.

Angus set up the first UK Masters degree (MSc) in Sports Medicine with Professor Idris Williams in 1991. He established the Centre for Sports Medicine in 1995 with Professor Mark Batt and became the chairman of the National Sports Medicine Institute. In 2000 the Institute of Bioengineering was set up by Angus and Dr Donal McNally. In 2002 Angus raised the profile of the specialty, providing expert opinion, after a spate of broken metatarsals in high profile football players.

In 2003 Angus joined the board of IABSEM (forerunner to the FSEM UK), he set up the FSEM Appraisal & Revalidation service acting as the first appraiser and has represented the Royal College of Surgeons of England on the FSEM (UK) Council since its launch.

Angus retired from the University of Nottingham in 2015. As an Emeritus Professor he has continued with his research papers on Shoulder Surgery and Innovation as well as continuing to work as a Consultant on medical devices – the 'Vaios Shoulder Replacement' and the 'Infinity Lock' device. Angus has served on the IABSEM and FSEM (UK) Councils for 13 years and remains as Chair of the Appeals Committee.

The Faculty and our specialty has benefited greatly from Angus' contribution.

Presentation of Fellowship of the Faculty of Sport and Exercise Medicine UK

Dr George Henry Bownes	University of Nottingham
Dr Suntharalingam Kulothungan	Tver State Medical Academy
Dr Anna-Louise Mackinnon	University of Nottingham

Presentation of Membership of the Faculty of Sport and Exercise Medicine UK

Mr Raju Ahluwalia	Guy's, King's & St Thomas School of Medicine
Mr Hesham Al-Khateeb	University of Alexandria
Dr Richard James Collins	The Royal Free & University College Medical School, London
Mr Glyn Evans	University of Wales
Dr Farrah Jawad	St Bartholomew and Royal London School of Medicine
Dr Ramesh Jonathan Korgaonkar	Bart's and the London School of Medicine and Dentistry, University of London
Dr Christopher James Milne	University of Dundee
Dr Stephen Thompson	University of Edinburgh
Dr Dane Vishnubala	Hull York Medical School
Dr Craig John Zalecki	University College, London

Presentation of the Diploma in Sport and Exercise Medicine (UK&I)

Dr Richard James Collins	The Royal Free & University College Medical School, London
Dr Farrah Jawad	St Bartholomew and Royal London School of Medicine
Dr Kush Joshi	University of London
Dr Dane Vishnubala	Hull York Medical School
Dr Alison Walker	Cambridge University
Dr Craig John Zalecki	University College, London

Presentation of the Donald Macleod Medal for 2017

Dr Richard James Collins

In Absentia

Presentation of Fellowship of the Faculty of Sport and Exercise Medicine UK

Dr Brinda Christopher	University of London
Dr Clodagh Dugdale	The Royal London
Dr Guy Evans	University of Birmingham
Dr Clint Dudley Gomes	University of Liverpool
Dr Andrew Thomas Hogg	University of Newcastle-upon-Tyne
Dr Mohammed Zafar Iqbal	St Bartholomew and Royal London School of Medicine
Dr James Keress	University of Sheffield
Dr Glen Rae	University of Leeds
Dr David Raymond White	Queen's University, Belfast

Presentation of Membership of the Faculty of Sport and Exercise Medicine UK

Mr Ali Abdulkarim	Al-Mustansiriya University, Baghdad
Mr Osama Aweid	St George's University of London
Dr Matteo Bernardotto	University of Aberdeen
Dr Wing Bao Chu	King's College, London
Lt Col Benjamin Colin Caesar	Imperial College School of Medicine
Dr Alan Cheung	The Royal Free & University College Medical School, London
Dr Philip Mark Clelland	University of Leeds
Dr Mark Robert Cranley	University of Southampton
Dr Jeffrey Cullen	University of Aberdeen
Dr Simon Richard Davies	University of Wales College of Medicine
Dr Vicann During	University of Birmingham
Mr Robin Gilbert	Bart Medical School, University of London
Dr Catherine Claire Hornby	Peninsula Medial School, Plymouth
Mr Abilash Hosahally Thimmegowda	Mysore University, India
Dr Prakash Jayakumar	Guys, King's and St Thomas School of Medicine
Mr Surjit Singh Lidder	Royal Free and University College Medical School
Dr Stephen Neil Miller	University of Edinburgh
Dr Noel Aaron Peter	University of Nottingham
Dr Robert Tatham	University of Nottingham
Dr William John Wynter Bee	University of Leeds
Mr Sam Yasen	Kings College, London

Presentation of the Diploma in Sport and Exercise Medicine (UK&I)

Dr Philip Mark Clelland	University of Leeds
Dr Vishal Patel	University College London

Development of the Faculty of Sport and Exercise Medicine

The Faculty was officially launched in 2006 and is an intercollegiate faculty of the Royal College of Physicians of London and the Royal College of Surgeons of Edinburgh.

Sport and Exercise Medicine (SEM) has a long history - in the Ancient Greek Olympic Games a Doctor was always one of the officials. Herodicus, one of Hippocrates' Tutors, pioneered therapeutic exercise as a treatment of disease and maintenance of good health in the 5th Century BC. Galen, who looked after the gladiators in the 2nd Century AD, was probably the first Team Doctor.

The need for SEM as a specialty started during the 20th Century, after the Second World War. More doctors were involved in looking after sports teams; attending Olympic Games, working as venue doctors, and assessing whether a participant could continue with the competition. Doctors were also involved in the creation of sports injury clinics both private and NHS.

Most of the work was done originally by volunteer doctors who had a special interest in Sport and Exercise Medicine. The 20th Century also included the development of educational programs in SEM - athletes progressively sought advice from such doctors, not only with regards to treatment of their injuries, but also in terms of training and other aspects of their preparation.

The 1986 Commonwealth Games in the UK was a great stimulus to the development of Sport and Exercise Medicine. Three Scottish Medical Colleges established a Board of Sport Medicine, which defined a syllabus and established a Diploma Exam. This became accepted as a safe standard of practice for doctors providing services to sports. At the same time, the Worshipful Society of Apothecaries developed an exam and a number of Universities established courses and diplomas.

In 1995 the establishment of a Faculty of Sport and Exercise Medicine was proposed by the Institute of Sports Medicine (now The Institute of Sports and Exercise Medicine). This included the education of medical practitioners in SEM and establishing the standards of competence. This led to the establishment of the Intercollegiate Academic Board of Sport & Exercise Medicine (IABSEM) in 1998. Its first task was setting and monitoring the clinical standards and establishing a Diploma level Exam for the UK and Ireland. This is now the FSEM Membership Exam held each year.

The 21st Century saw the development of Government Policies to improve health and promote sporting excellence. In February 2005 the Department of Health recognised Sport & Exercise Medicine as a specialty, Parliament amended the Specialist Medical Order, creating the new specialty of Sport and Exercise Medicine.

In 2006 the Faculty of Sport & Exercise Medicine (FSEM) UK was launched. The Academy of Medical Royal Colleges agreed that IABSEM could develop into FSEM (UK). The Faculty developed a higher specialty training programme and a curriculum, accepted in 2007 by the GMC/PMETB. Methods of assessment included the Diploma Exam (now the FSEM Membership Exam). Higher specialty training (HST) is of eight years duration, two years being spent as Foundation Doctors, two years Core Training and four years as Registrars in Sport and Exercise Medicine. Entry to HST is via CMT ACCS or GPVTS training. The first ceremony to award FFSEM (UK) and MFSEM (UK) was held in September 2007.

Today the FSEM (UK) sets the standards in SEM and oversees research, training, curriculum and assessment of all SEM doctors. With over 590 Members and Fellows, not including medical students. The Council of the Faculty consists of the elected officers, elected members, representatives of the parent colleges, as well as lay representatives and new consultant and registrar representatives.

Address to Fellows and Members of the Faculty

By

Dr John Jenner and Professor Angus Wallace