



**Faculty of Sport and Exercise Medicine UK**  
The Intercollegiate Faculty of Sport and Exercise Medicine

**CEREMONY FOR THE PRESENTATION  
OF DIPLOMAS**

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**WEDNESDAY 5<sup>th</sup> OCTOBER 2016**  
*at The Royal College of Surgeons of Edinburgh*

*President*  
**DR PAUL D JACKSON**

In the presence of Her Royal Highness The Princess Royal  
Patron of the Faculty of Sport and Exercise Medicine UK

## FSEM COUNCIL MEMBERS

Council Members	Position Held on FSEM Council	Representative of	Term of Office
<b>Dr Paul Jackson</b>	<b>President</b>		<b>2015-2018</b>
<b>Dr Rod Jaques</b>	<b>Immediate Past President</b>		<b>2012-2016</b>
<b>Dr Justin Hughes</b>	<b>Vice-President</b>		<b>2015-2018</b>
<b>Dr Natasha Jones</b>	<b>Vice-President</b>		<b>2016-2019</b>
<b>Dr Alastair Nicol</b>	<b>Hon. Secretary</b>		<b>2016-2020</b>
<b>Mr James Foster</b>	<b>Hon. Treasurer</b>		<b>2014-2018</b>
Dr Ian Beasley		Elected 2013	2017
Dr Philippa Bennett		Elected 2015	2019
Mr Jonathan Dearing		Royal College of Surgeons, Edinburgh	2017
Dr Michael England		Faculty of Occupational Medicine	2016
Col. John Etherington		Defence Medical Services - Armed Forces	2019
Dr Guy Evans		Elected 2016	2019
Dr Claire Gordon		Royal College of Physicians, Edinburgh	2019
Dr Jon Greiff		Lead Deanery	2017
Dr Christine Haseler		Royal College of General Practitioners	2018
Dr Neil Heron		Elected 2015	2019
Dr Nigel Jones		Elected 2014	2018
Dr Joanne Larkin		Elected 2016	2020
Dr Michael Loosemore		2016	2019
Dr John MacLean		Royal College of Physicians and Surgeons of Glasgow	2018
Mr Lyndon Meehan		FDS RCS England	2018
Dr Ritan Mehta		2015	2017
Mr Richard Montgomery		HSET	2019
Dr Dan Morris		The Royal College of Ophthalmologists	2019
Dr Julia Newton		Elected 2016	2020
Dr Philip O'Connor		Royal College of Radiologists	2017
Dr Nick Peirce		Elected 2013	2017
Dr Julian Redhead		Royal College of Emergency Medicine	2016
Mr Simon Roberts		Elected 2015	2019
Dr Pdraig Sheeran		FSEM Ireland	2017
Dr Mike Stone		BASEM Representative	2018
Dr Tim Swan		Elected 2013	2017
Dr Justin Varney		Public Health England	2018
Professor Angus Wallace		RCS England	2019
Dr Thamindu Wedatilake		Elected 2014	2018
Dr Patrick Wheeler		Elected 2016	2020
Dr Roger Wolman		Royal College of Physicians	2017

## CONFERMENT OF HONORARY FELLOWSHIP

**Professor W. Stewart Hillis, OBE**  
MB FRCP FRCS DipSEM FISM FFSEM UK

*Presented by*

**Dr John MacLean**  
MBChB MRCP DRCOG FFSEM UK

Professor Stewart Hillis' obituary in the BMJ rightly called him a pioneer of Sport and Exercise Medicine. Born in Clydebank near Glasgow, he embarked on an early career as a cardiologist with a passion for football. His understanding of the benefits of exercise in the prevention and treatment of disease predated the general acceptance of physical inactivity as a major risk factor. Professor Hillis was educated at Glasgow University and Vanderbilt University in Nashville Tennessee he was a Scottish football team doctor for 37 years attending three World Cups and two European Championships.

Professor Hillis developed the first anti-doping programme in football and his passion to drive forward standards resulted in his appointment as Vice Chair of UEFA's medical committee where he served 24 years. Professor Hillis was a founding member of the intercollegiate academic board, integral to the creation of the Scottish Diploma Examination in Sport and Exercise Medicine, the forerunner of the FSEM's national Diploma Exam. He was a longstanding and committed member of the FSEM Council, Chair of the Education Committee and a member of the Examinations Committee and represented the Royal College of Physicians and Surgeons of Glasgow on the Specialist Advisory Committee.

With a great passion for education, Professor Hillis set up the first BSc Degree in SEM in the UK and was one of the longest running Masters at Glasgow University where his contribution was recognised by being appointed Professor of Cardiovascular and Exercise Medicine in 1997. He was the inspiration behind the Sports Medicine Centre at Hampden, set up the cardiac screening programme in young athletes in conjunction with the Scottish Government and Glasgow University and increased standards for both the facilities and care of players within Scottish Football, including early provision of defibrillators in football grounds.

Professor Stewart Hillis was a medical pioneer, academic and hands on cardiologist recognised by his peers with the Sir Robert Atkins prize and Sir Roger Bannister award for his outstanding contribution to SEM. Stewart was awarded a OBE for his services to cardiology and sport and exercise medicine by Her Majesty The Queen at the Palace of Holyroodhouse in 2010.

Professor Stewart Hillis OBE died on the 21st July 2014 on the eve of the Glasgow Commonwealth Games and will be remembered for his outstanding achievements, warm sense of humour and as a gifted communicator with patients, students and colleagues.

## CONFERMENT OF HONORARY FELLOWSHIP

### **Dr Michael Turner**

MBBS MD (Washington, USA) FFSEM UK FFSEM(RCPI/RCSI Ire)

*Presented by*

### **Dr Charlotte Cowie**

MBBS DipSEM DipMskMed FFSEM UK

Dr Michael Turner has had a remarkable career in Sport and Exercise Medicine. Having gained his medical qualification in 1970 from St Thomas' Hospital Medical School, Dr Turner's first role within sport was Chief Medical Adviser to the British Ski Federation, which he undertook whilst pursuing a career in Occupational Medicine within a number of large corporations.

As his career developed, Dr Turner's interest in sport grew and by 1989, he had become the Deputy Director of Medical Services at the British Olympic Association (BOA) and sat on the medical committee of the International Ski Federation. Dr Turner then became the Director of Medical Services to the BOA.

Dr Turner has a long association with Horseracing medicine, which started with his audit of medical services for the Jockey Club (now the British Horseracing Authority) and fostered his broader interest in concussion. As a result of this initial collaboration, Dr Turner was appointed Chief Medical Adviser to the Jockey Club in 1993 and remained as CMA to the British Horseracing Authority until 2013. During his 20 years' service in Horseracing, he oversaw radical changes to the way that immediate care is delivered at British racecourses.

Now Chief Medical Adviser to the Lawn Tennis association, Dr Turner is a stalwart of the team which surrounds both Andy Murray and the British Davis Cup team.

During this time he has published over 35 articles in peer-reviewed journals, contributing to a wide variety of committees and organisations, speaking at sports medicine conferences all over the world and has been instrumental in the shaping and development of BASEM as an organisation.

Dr Michael Turner has recently extended his interest in concussion in sport, becoming the Medical Director of The International Concussion and Head Injury Research Foundation. Dr Turner's contributions to the specialty of Sport and Exercise Medicine are too many to list individually in this context, however they are accompanied by a capacity for military-level organisation, an enduring desire to develop colleagues and share his experience and an indefatigable sense of humour.

**Presentation of FELLOWSHIP of the Faculty of Sport and Exercise Medicine UK**

Dr Pippa Bennett	Leeds University
Dr Kay Paula Brennan	Leeds University
Dr Nigel Edward Brian Jones	University of Liverpool
Dr Rebecca Robinson	University of Newcastle-upon Tyne

**Presentation of FELLOWSHIP BY ELECTION of the Faculty of Sport and Exercise Medicine UK Certificate**

Dr Mark Waller	University of Liverpool
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**Presentation of MEMBERSHIP of the Faculty of Sport and Exercise Medicine UK**

Dr Christopher Charles Garnett	University of Edinburgh
Dr Catherine Maureen Lester	Wits University, South Africa
Dr Christopher John Bailie Speers	University of Aberdeen

**Presentation of MEMBERSHIP BY ELECTION of the Faculty of Sport and Exercise Medicine UK Certificates**

Dr Alexander Paul Jackson	Glasgow University
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**Presentation of the Diploma in Sport and Exercise Medicine (UK&I)**

Dr Christopher Charles Garnett	University of Edinburgh
Dr Catherine Maureen Lester	Wits University, South Africa
Dr Christopher John Bailie Speers	University of Aberdeen

**Presentation of the DONALD MACLEOD MEDAL for 2016**

Dr Christopher John Bailie Speers

**Presentation of the BAUERFEIND TRAVEL FELLOWSHIP for 2016**

Dr Farrah Jawad

**Presentation of the University of Edinburgh's SEM Society's Essay Competition 2016**

**IN ABSENTIA**

**Presentation of FELLOWSHIP of the Faculty of Sport and Exercise Medicine UK**

Dr Jonathan Mark Houghton	St Mary's Imperial College
Dr Adrian Chin Ann Lim	University of London
Dr Kalpesh Parmar	University of Birmingham

**Presentation of FELLOWSHIP BY ELECTION of the Faculty of Sport and Exercise Medicine UK Certificate**

Dr Éanna Falvey	University College Cork
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**Presentation of CORRESPONDING FELLOWSHIP of the Faculty of Sport and Exercise Medicine UK Certificate**

Dr Selvaraj Y.Subramaniam                      University Sciences of Malaysia

**Presentation of MEMBERSHIP of the Faculty of Sport and Exercise Medicine UK**

Dr Daniel Broman	University of Birmingham
Dr Robin Chatterjee	University of Liverpool
Dr Michael David Ian Dunlop	University of Glasgow
Dr Clint Gomes	University of Liverpool
Dr Christopher David Jones	University of Newcastle upon Tyne
Dr James Kerss	University of Sheffield
Dr Florence Sylvia Newton	University College London
Dr Hamish Alexander Bruce Reid	University of Edinburgh
Dr Alan Sweeney	Manchester University
Dr Philippa Jayne Turner	Cardiff University

**Presentation of MEMBERSHIP BY ELECTION of the Faculty of Sport and Exercise Medicine UK Certificates**

Dr Christopher Dalton	Nottingham University
Dr Christine Haseler	Cambridge University
Dr Vinay Ketkar	University of Birmingham
Dr Sally Nicholson	Leeds University
Dr Ezhiludai Nambi Ramamoorthy	Kilpauk Medical College, India
Dr Anna Zickerman	University of Leicester

**Presentation of the Diploma in Sport and Exercise Medicine (UK&I)**

Dr Randeep Singh Aujla	University of Leicester
Dr George Henry Bownes	Nottingham University
Dr Daniel Broman	University of Birmingham
Dr Robin Chatterjee	University of Liverpool
Dr Wing Bao Chu	University of London
Dr Mark Robert Cranley	University of Southampton
Dr Vicann During	University of Birmingham
Dr Catherine Claire Hornby	Peninsula Medical School
Dr Alan John Howieson	University of Edinburgh
Dr David Peter Michael Jefferies	University of Bristol
Dr Christopher David Jones	University of Newcastle upon Tyne
Dr Lewis Owen Jones	University of Bristol
Dr Florence Sylvia Newton	University College London
Dr Hamish Alexander Bruce Reid	University of Edinburgh
Dr Ajai Narain Seth	University of London
Dr Stephen George Thompson	University of Edinburgh
Dr Philippa Jayne Turner	Cardiff University
Dr Anthony Peter Waring	University of Birmingham
Dr William John Wynter Bee	Leeds University

## **THE DEVELOPMENT OF THE FACULTY OF SPORT AND EXERCISE MEDICINE**

The Faculty was officially launched in 2006 and is an intercollegiate faculty of the Royal College of Physicians of London and the Royal College of Surgeons of Edinburgh.

Sport and Exercise Medicine (SEM) has a long history - in the Ancient Greek Olympic Games a Doctor was always one of the officials. Herodicus, one of Hippocrates' Tutors, pioneered therapeutic exercise as a treatment of disease and maintenance of good health in the 5th Century BC. Galen, who looked after the gladiators in the 2nd Century AD, was probably the first Team Doctor.

The need for SEM as a specialty started during the 20<sup>th</sup> Century, particularly after the Second World War. More doctors were involved in looking after sports teams; going to the Olympic Games and other competitions, working as venue doctors, and, in the case of Martial Arts and other sports, assessing whether a participant could continue with the competition. Doctors were also involved in the creation of sports injury clinics both private and NHS.

Most of the work was done originally by volunteer doctors who had a special interest in Sport and Exercise Medicine, although they had trained in general practice and many other specialties. The 20<sup>th</sup> Century also included the development of educational programs in SEM - athletes progressively sought advice from such doctors, not only with regards to treatment of their injuries, but also in terms of training and other aspects of their preparation.

The 1986 Commonwealth Games in the UK was a great stimulus to the development of Sport and Exercise Medicine. Three Scottish Medical Colleges established a Board of Sport Medicine, which defined a syllabus and established a Diploma Examination. This became widely accepted as a safe standard of practice for doctors providing medical services to sports. At the same time, the Worshipful Society of Apothecaries developed an examination and a number of Universities established courses and diplomas.

In 1995 the establishment of a Faculty of Sport and Exercise Medicine was proposed by the Institute of Sports Medicine (now The Institute of Sports and Exercise Medicine). This included the education of medical practitioners in SEM and establishing the standards of competence. Their proposals and recommendations were rejected by the Conference (subsequently the Academy) of Medical Royal Colleges and their Faculties. In 1996 this position was reviewed, which led to the development of the Intercollegiate Academic Board for Sport & Exercise Medicine (IABSEM) established in 1998. Its first task was setting and monitoring the clinical standards and establishing the Diploma Examination for the UK and Ireland. The Scottish Royal Colleges and the Society of Apothecaries generously gave up their Examination. The UK Diploma Examination in Sport and Exercise Medicine continues to be held each year.

The 21st Century saw the development of Government Policies to improve health and promote sporting excellence. In February 2005 the Department of Health recognised Sport & Exercise Medicine as a specialty and, during that year, Parliament amended the Specialist Medical Order, creating the new specialty of Sport and Exercise Medicine.

In 2006 the Faculty of Sport & Exercise Medicine (FSEM) was launched. The Academy of Medical Royal Colleges agreed that IABSEM could develop into FSEM as an intercollegiate faculty of the Royal College of Physicians of London and the Royal College of Surgeons of Edinburgh. The Faculty then set about establishing the new specialty. It developed a higher specialty training programme and a curriculum that was accepted in 2010 by the GMC/PMETB. The methods of assessment include the Diploma in Sport and Exercise Medicine which is run by the Faculty. The training programme is of eight years duration, the first two years being spent as Foundation Doctors, two years Core Training and the last four years as Registrars in Sport and Exercise Medicine. The Diploma of Sport and Exercise Medicine (UK and Ireland) entry to training is via CMT ACCS or GPVTS training. The Faculty created Memberships [MFSEM UK] and Fellowships [FFSEM UK] and the first Diplomates ceremony was held in September 2007.

Today the Faculty of Sports and Exercise Medicine sets the standards in SEM and oversees research, training, curriculum and assessment of all SEM doctors. We have over 560 Members and Fellows, not including medical students.

The Faculty has a Memorandum of Understanding with the British Association of Sport and Exercise Medicine BASEM to harmonise educational efforts. The Council of the Faculty consists of the elected officers, elected members, representatives of the parent colleges, as well as lay representatives and new consultant and trainee representatives.

**Address to Fellows and Members of the Faculty**

*By*

**HRH The Princess Royal**